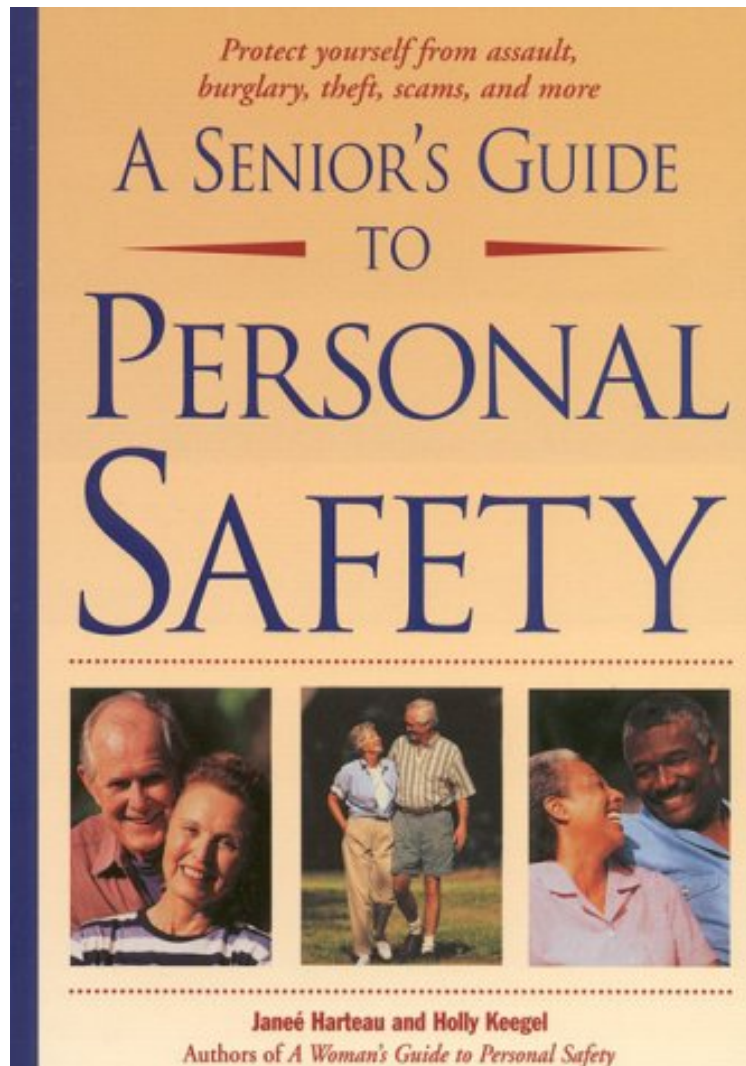


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A Senior's Guide to Personal Safety

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Minneapolis police officers and authors of *A Woman's Guide to Personal Safety*, Harteau and Keegel offer a simple message for seniors: You are your own best defense against crime.