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## Asperger Syndrome and Adolescence: Helping Preteens Teens Get Ready for the Real World

*Teresa Bolick*

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"Here you will find in one place all those useful tips and exercises for adolescents for which you have been longing. I recommend this book in the highest possible manner."

—Suzanne Nowicki, Ph.D., author of *Helping the Child Who Doesn't Fit In* and *Teaching Your Child the Language of Social Success*

# ASPERGER SYNDROME

AND ADOLESCENCE

*Helping Preteens  
and Teens  
Get Ready for the  
Real World*

TERESA BOLICK, PH.D.  
*Author of Asperger Syndrome  
and Young Children*

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**Teresa Bolick : Asperger Syndrome and Adolescence: Helping Preteens Teens Get Ready for the Real World** before purchasing it in order to gage whether or not it would be worth my time, and all praised Asperger Syndrome and Adolescence: Helping Preteens Teens Get Ready for the Real World:

0 of 0 people found the following review helpful. **HIGHLY RECOMMEND**By MaureenThis book is amazing. If you only buy one, make it this one. The author clearly has an amazing way of speaking to the reader, not at the reader. The information it provides is life-changing for someone trying to understand and reach out to someone with the syndrome. I have read several books that just didn't seem as though the author really understood the magnitude and multi-level of trying to effectively approach your AS in a loving manner that will leave you both feeling positive.0 of 0 people found the following review helpful. Excellent book for a guide to helping kids with AspergerBy Leonard KoornExcellent book for a guide to helping kids with Asperger. A nice surprise was that it can also be used as a guide for regular children excellent reading and a great help. Thanks3 of 3 people found the following review helpful. Excellent resourceBy Happy MomI checked it out from the library and then had to buy it on because there were so many things I wanted to refer back to in the book. I loaned my library copy to my mom...and then she bought herself a copy on ! Although it's not written to the teen per se, my son read the whole book in two days. He couldn't put it down - he said it doesn't talk down to you like you are a two year old like some other books do. The case histories and the tips are very helpful. The layout makes it to go back and read the chapter I want.

Sex. Slang. Slumber parties. The preoccupations of adolescents with Asperger Syndrome are no different than those of other teens, but they can be much more confusing. The lack of social skills and ability to grasp conversational nuances that characterize AS make adolescence the most difficult life stage. `Why can I swear in front of my friends, but not in front of the teacher??`Why do I have to pay attention when I?m not interested in what my friend is saying?? `What does it mean to `go out? with somebody?? Asperger Syndrome is characterized by a reliance on clear guidelines, and in adolescence the social guidelines become murky and confusing. In Asperger Syndrome and Adolescence

"Finally! Information for parents of teens! Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World is a wonderful resource. I highly recommend that it be read not only by parents and professionals who work with teens with AS but also by parents of younger children who wish a glimpse into the future."From the Inside FlapIf a child you love has Asperger Syndrome, you need this book.aTen to eighteen-year-olds face many challenges, and adolescents with AS can have special difficulty navigating through the changes they encounter when they reach middle school. Friends, crushes, schoolworkathe day-to-day lives of teens present complicated issues. Child psychologist and AS specialist Teresa Bolick has solutions for overcoming the obstacles kids with AS face.aPacked with practical advice and full of inspiring stories, "Asperger Syndrome and Adolescence" will be your guidebook as you help a teen with AS down the path toward happiness and success. Youall learn effective techniques for raising a self-sufficient, self-confident teen, and will find inspiration in the dozens of success stories Dr. Bolick shares.aAbout the AuthorTeresa Bolick, Ph.D. is a clinical psychologist who specializes in autism spectrum disorders. She received a B.A. from the University of North Carolina at Chapel Hill and an M.A. and Ph.D. from Emory University. Dr. Bolick is a consultant to schools and maintains a private practice in Nashua, New Hampshire. She lives in Massachusetts with her family.