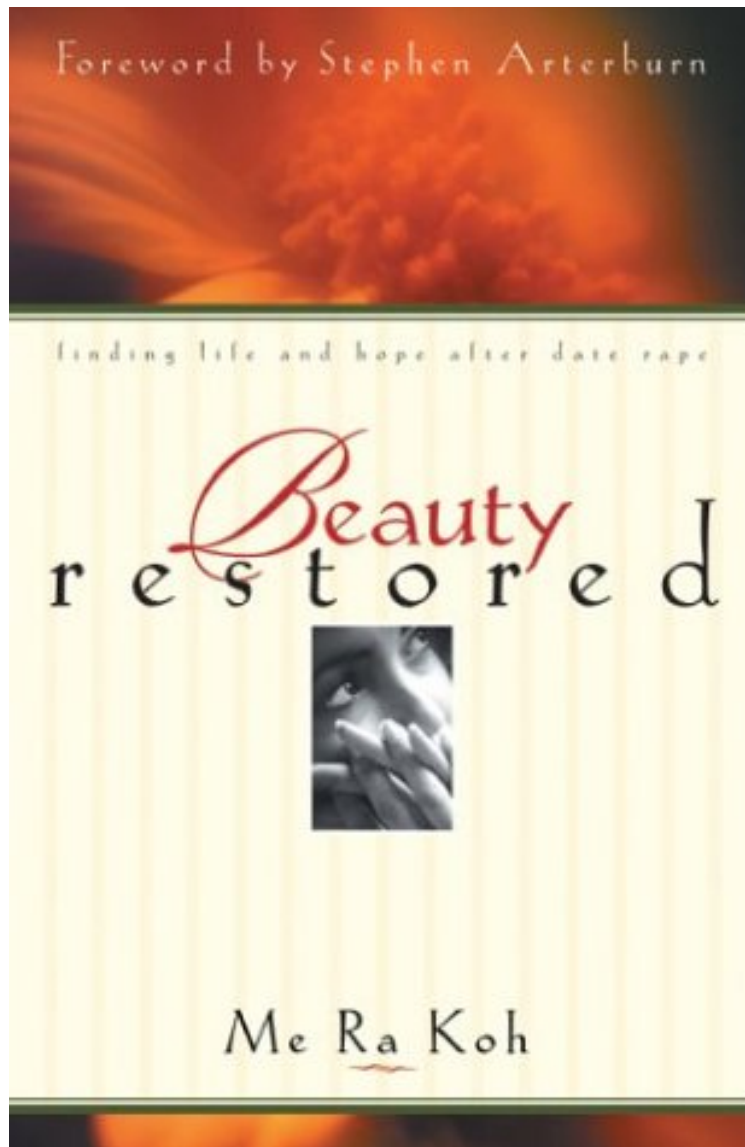


[Pdf free] Beauty Restored: Finding Life and Hope after Date Rape

Beauty Restored: Finding Life and Hope after Date Rape

Me Ra Koh

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#1097800 in Books 2001-03Original language:EnglishPDF # 1 .40 x 5.52 x 8.47l, #File Name:
0830727612127 pages | File size: 55.Mb

Me Ra Koh : Beauty Restored: Finding Life and Hope after Date Rape before purchasing it in order to gage whether or not it would be worth my time, and all praised Beauty Restored: Finding Life and Hope after Date Rape:

1 of 1 people found the following review helpful. It does have the religious notes so I might steer away from it if you really don't like religion, but I liked itBy StephanieReally Really helped me. I think anyone who has been assaulted/raped could find some help and peace in this. It does have the religious notes so I might steer away from it if you really don't like religion, but I liked it. It's really short also so be aware of that. I read it in one sitting. I liked it

because I found it inspiring to hear how she struggled and then overcame the circumstances. Gives me hope that anyone can. The thing I think I take away most from this book is the idea that before you can "get better" or recover is a better word from trauma, that you have to grieve the things you have lost and that takes time. I think that concept can be applied to most pain in life actually. So that really helped me!

1 of 1 people found the following review helpful. It's beautifully written and isn't just a bunch of facts that ...

By jane doe This is the only book i have found that actually helps. I have read a lot of them with my struggle to deal. It's beautifully written and isn't just a bunch of facts that didn't fit my situation. It deals with the hurt, shame and sadness no one talks about. Great for victims and friends/family. Can't stress enough, this is an amazing book!

0 of 0 people found the following review helpful. Five Stars

By Shirley K Johnson great book for the hurting and family of the hurting---

According to the U.S. Department of Justice, somewhere in America, a woman is raped every 2 minutes, often by someone she knows. About 16,000 women each year have abortions as a result of rape or incest. The date-rape drug is in the news almost daily. One of every 5 college-age women has been forced to have sexual intercourse. Rape is a national epidemic, and the Church is not immune. Tragically, there is a crying need for this book in our stores. Me Ra Koh creatively, sensitively addresses the aftermath of rape-shame, anger, depression, forgiveness and recovery-with great courage. Taking readers on a personal journey through her own rape experience, Me Ra probes the spiritual issues that arise when going through a terrible loss, and she writes beautifully about the one true source of hope and healing, Jesus Christ.

From the Back Cover

INSIDE FLAP: AUTHOR COMMENT: PUBLISHER'S COMMENT: About the Author

Me Ra Koh earned a masters degree in teaching for the purpose of learning to speak to the brokenhearted. A date rape survivor and overcomer in Christ, Me Ra today travels around the country, teaching writing workshops and speaking to young people and women about date rape. In 1998, New Life Clinics featured her story in their tenth- anniversary celebration. Me Ra and her husband live in Washington state.