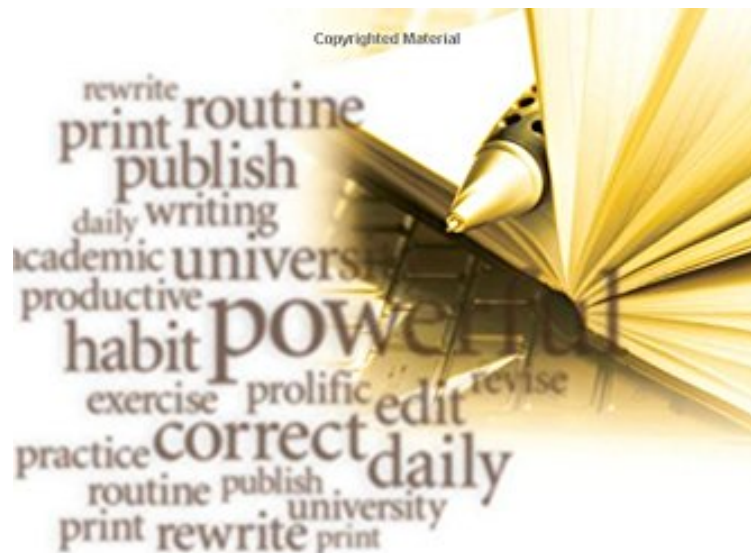


# Becoming an Academic Writer: 50 Exercises for Paced, Productive, and Powerful Writing

Patricia Goodson

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## BECOMING AN ACADEMIC WRITER

50 Exercises for Paced,  
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PATRICIA GOODSON

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**Patricia Goodson : Becoming an Academic Writer: 50 Exercises for Paced, Productive, and Powerful Writing** before purchasing it in order to gage whether or not it would be worth my time, and all praised Becoming an Academic Writer: 50 Exercises for Paced, Productive, and Powerful Writing:

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just a few of the exercises, I feel clearer and more productive. I hope after going through the rest of the exercises, that a miracle may happen, and their promise that I won't work to deadlines anymore will come true!0 of 0 people found the following review helpful. Five StarsBy BooksGreat service and I didn't have any problems with the item!0 of 0 people found the following review helpful. Five StarsBy CustomerGreat book, not new but good condition, thanks!

This book helps academic writers gain control over writing and publishing, master specific aspects of academic writing, and improve their productivity. Patricia Goodson offers weekly exercises and tools to achieve these goals. The exercises are theoretically-grounded and empirically-based, comprising a set of behavioral principles (e.g., writing regularly, separating generating from editing) and specific practices (weekly exercises) which ensure success. The author draws on research on writing and productivity in college settings, together with insights into the practice patterns of elite performers (such as Olympic athletes), to develop a set of key principles. This book uniquely combines these successful principles with a set of original exercises applicable to the writing needs of college professors and students.

The practical nature of the book is a strength, with the series of exercises which would be useful for novice writers at the undergraduate or graduate level. --Carol A. Kochhar-Bryant (10/28/2011)"This book makes the reader want to write! I found myself reaching for my calendar and penciling in writing sessions for the rest of my week after reading the first chapter. The techniques and exercises are effective and easy to implement; they fit with any writing project, in any stage of the writing process. I could see myself and other academics as the audience for this book, but I could equally envision assigning this book to my undergraduate students and working through many of the exercises with them. --H. Elisabeth Ellington (10/28/2011)"This book is likely to inspire writing groups of all kinds of academic writers. I can see ABDs following this program to successful completion of a doctoral thesis and the subsequent necessary articles written from the thesis. --Laura Huntoon (10/28/2011)"I was impressed by how much the author was able to bring in scholarly research on writing. --Tanya Maria Golash-Boza (10/28/2011)"I enjoyed this book! Each chapter eases smoothly into the next and the writer continues to provide readers with inspiration and pragmatic information. --Nathalie Kuroiwa-Lewis (10/28/2011)"The author's way of breaking down our practices of writing with exercises and examples will benefit not only my students and their journeys in writing but mine as well. --Jennifer Smith Lapointe (10/28/2011)" The practical nature of the book is a strength, with the series of exercises which would be useful for novice writers at the undergraduate or graduate level. (Carol A. Kochhar-Bryant 2011-10-28)This book makes the reader want to write! 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Each chapter eases smoothly into the next and the writer continues to provide readers with inspiration and pragmatic information. (Nathalie Kuroiwa-Lewis 2011-10-28)The authors way of breaking down our practices of writing with exercises and examples will benefit not only my students and their journeys in writing but mine as well. (Jennifer Smith Lapointe 2011-10-28)About the AuthorPatricia Goodson is professor of health education in the Department of Health Kinesiology at Texas AM University (TAMU). She obtained a bachelors degree in Linguistics (from Universidade Estadual de Campinas) and a masters in Philosophy of Education (from Pontificia Universidade Catlica de Campinas) in Brazil; a masters in General Theological Studies (from Covenant Theological Seminary) and a PhD in Health Education (from the University of Texas at Austin) in the United States. At TAMU, she has taught mostly graduate-level courses such as Health Behavior Theory, Health Research Methods, Health Program Evaluation, Health Education Ethics, and Advanced Health Behavior Theory. In 2007, while acting as associate dean for Graduate Program Development, she created and implemented a college-wide writing support service for graduate students, based on the POWER model described in this book. Currently, as director of the College of Education and Human Developments Writing Initiative (POWER Services), she offers Basic and Advanced Writing Studios for graduate students in the college, on a regular basis, and occasionally teaches writing workshops for faculty at Texas AM and other universities. Dr. Goodson has won several department-, college-, and university- level awards for her teaching and research. In 2012 she was awarded the title of Presidential Professor for Teaching Excellence at Texas AM Universityone of the highest teaching awards at that university. Also in 2012, she became the university's sole nominee for the Piper Professor Award, a state-level recognition for teaching. While she considers mentoring graduate students the most fulfilling part of her career, a couple of research interests vie for her attention. Her research focuses on topics such as sexual health of adults and adolescents, the history of the HIV/AIDS epidemic, and public health genomics. She has published extensively in high-impact journals, has reviewed for several prestigious publications, and has

served as book review editor for *The Journal of Sex Research*. One of her intellectual passions is theory, and her other book presents a critique of health education's current use of theory in both research and practice.