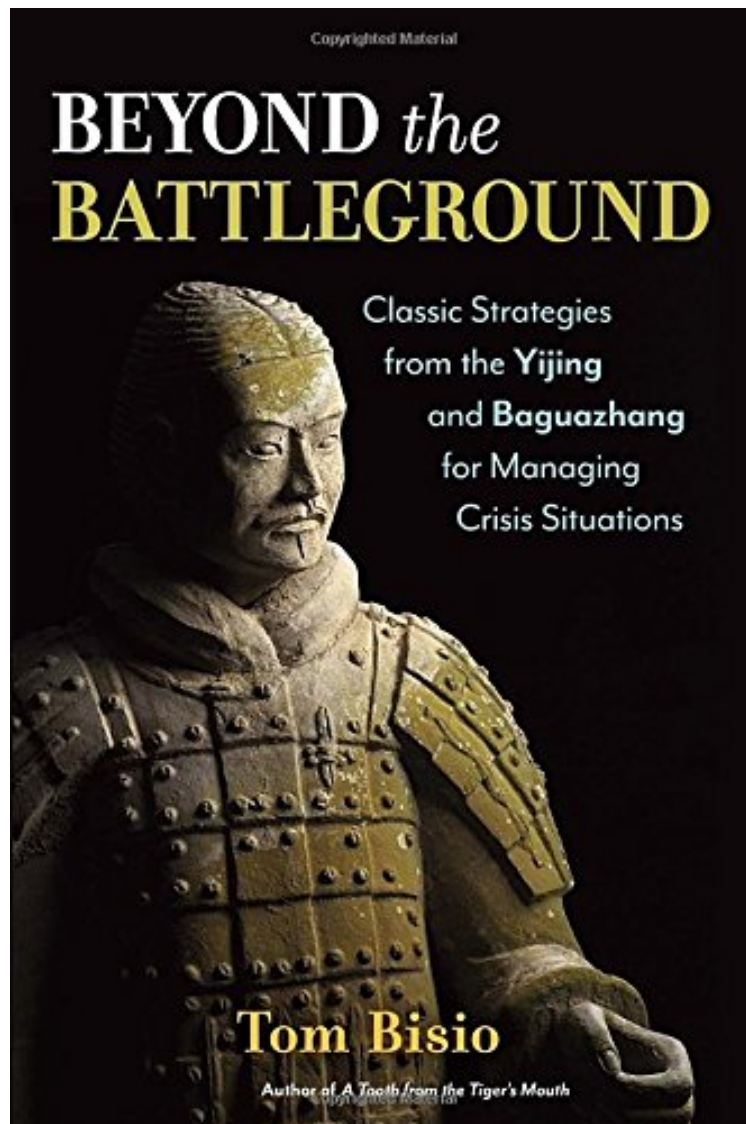


[Free download] Beyond the Battleground: Classic Strategies from the Yijing and Baguazhang for Managing Crisis Situations

Beyond the Battleground: Classic Strategies from the Yijing and Baguazhang for Managing Crisis Situations

Tom Bisio

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Tom Bisio : Beyond the Battleground: Classic Strategies from the Yijing and Baguazhang for Managing Crisis Situations before purchasing it in order to gage whether or not it would be worth my time, and all praised Beyond the Battleground: Classic Strategies from the Yijing and Baguazhang for Managing Crisis Situations:

0 of 2 people found the following review helpful. Five StarsBy JTMartial Arts training is life learning.1 of 2 people

found the following review helpful. Very interesting book. By G. Busher My primary interest is [in using] the I Ching (Chinese Book of Changes) for divination, another important Chinese book which is discussed in "Beyond Battleground." I was chuckling and shaking my head at first, being very surprised to find this book is so much about military strategy; somehow I did not anticipate the emphasis. But I appreciate this book by Tom Bisio none-the-less because life is about strategy and dealing with circumstances. I think this book provides clearly referenced skills and strategies to help one think in diverse and effective ways. We still need planning and protection (from society, family, culture). We still need independence and freedom. Along with these principles, we need stability. I thought this book might help to provide insight about being more actively yang (in mind and action) to plan better, as a woman.

Drawing on ideas from classical military strategy, the Yijing (Book of Changes), and Chinese martial arts theory, Tom Bisio presents a fascinating exploration of how insights from these sources can be deployed to manage crisis situations in all aspects of our daily lives. Suggesting approaches for cultivating a strategic mindset that can be applied to one's relationships, work, and personal self-fulfillment, *Beyond the Battleground* offers methods of adapting to circumstances, conserving one's own resources, and avoiding or dissolving conflict that will aid any reader navigating the uncertainties of the changing world, including the business person, military theorist, or martial artist. Deftly interweaving his background in East Asian philosophy and history and his career in traditional Chinese medicine with his lifelong interest in the martial arts and military science, Bisio also presents examples of successful strategies from history's great commanders such as Sunzi, Alexander the Great, Napoleon, and Mao Zedong.

About the Author Tom Bisio is the founder of New York Internal Arts and Internal Arts International, which teach and promote the Chinese Internal Arts of Ba Gua Zhang and Xing Yi. He is also the co-founder of Zheng Gu Tui Na, an organization that teaches traditional Chinese medicine skills worldwide. As a practitioner of acupuncture and traditional Chinese medicine Bisio heads a clinic in New York City, specializing in trauma and Chinese sports medicine. Bisio is the author of the popular book on healing, *A Tooth From the Tiger's Mouth*. He has also written and collaborated on a number of books on martial arts.