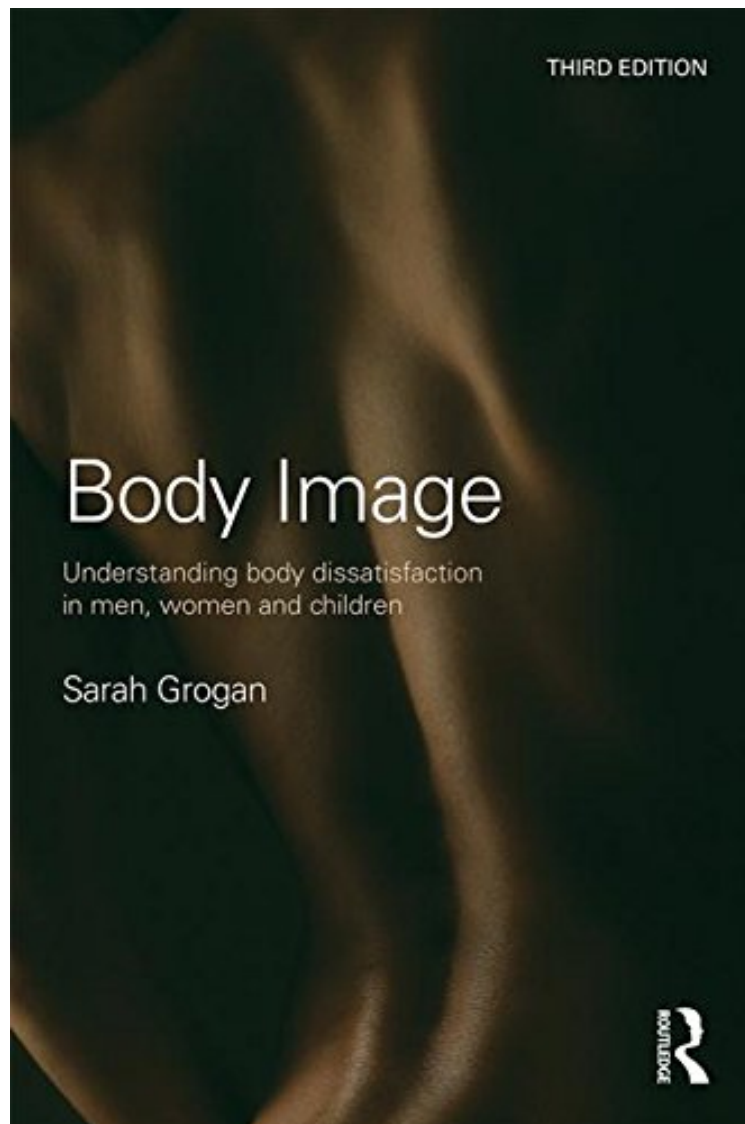


[Ebook pdf] Body Image: Understanding Body Dissatisfaction in Men, Women and Children

Body Image: Understanding Body Dissatisfaction in Men, Women and Children

Sarah Grogan

*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#1376726 in Books 2016-10-05 Original language: English PDF # 1 9.10 x .60 x 6.10l, .0 #File Name: 1138928887228 pages | File size: 23.Mb

Sarah Grogan : Body Image: Understanding Body Dissatisfaction in Men, Women and Children before purchasing it in order to gauge whether or not it would be worth my time, and all praised Body Image: Understanding Body Dissatisfaction in Men, Women and Children:

Body Image provides a comprehensive summary of research on body image in men, women, and children drawing together research findings from the fields of psychology, sociology, clothing, and gender studies. This third edition has been thoroughly revised and updated to reflect the significant increase in research on body image since the previous edition, as well as the significant cultural changes in how men's and women's bodies are viewed. Data are also included from interviews and focus groups with men, women, and children who have spoken about their experiences of body image and body dissatisfaction, producing a comprehensive understanding of how men and women construct and understand their bodies in the twenty-first century. The only sole-authored text to provide a comprehensive view of body image research, focusing on men, women, and children, Body Image will be invaluable to students and researchers, as well as practitioners with an interest in body image and how to reduce body dissatisfaction.

"In this revision, Sarah Grogan offers a comprehensive distillation of current knowledge in the field of body image. She skilfully summarises and makes sense of a wide-ranging and ever-expanding body of research in one thoughtful but very readable and accessible volume. The accompanying illustrations and quotations make the material come alive and highlight the human significance of this contemporary concern." Marika Tiggemann, Matthew Flinders Distinguished Professor, Flinders University, Australia. "This is an outstanding and stimulating text by Professor Grogan. She uniquely brings together historical, cultural, developmental and contemporary perspectives, and provides a thorough, readable, up-to-date and international coverage of the body image field. This is essential reading for novices and experts, as the book examines both fundamentals and specialized topics." Lina A Ricciardelli, School of Psychology, Deakin University, Australia "Written in an accessible style, Sarah Grogan's updated book will not disappoint those who want to gain a grounding of key theorists combined with good coverage of contemporary issues and illustrated with recent empirical research. This book should be mandatory for students wishing to study body image". Sarah Seymour-Smith, Nottingham Trent University, UK "Body image scholarship has grown substantially over the past decade. Professor Grogan knowledgeably informs us of the foundations, advances, and applications of this fascinating field. Her accessibly written third edition of Body Image is the up-to-date and well-told story of how our experiences of embodiment emerge and can powerfully shape our lives." Thomas F. Cash, PhD, Professor Emeritus of Psychology, Old Dominion University, USA, and Editor-in-Chief of Body Image: An International Journal of Research. About the Author Sarah Grogan is Professor of Psychology, Health and Wellbeing at Manchester Metropolitan University, UK. She has been involved in body image research since 1990. She is interested in reducing body dissatisfaction in men, women and children, with a particular focus on the impact of body image and related behaviors on physical health.