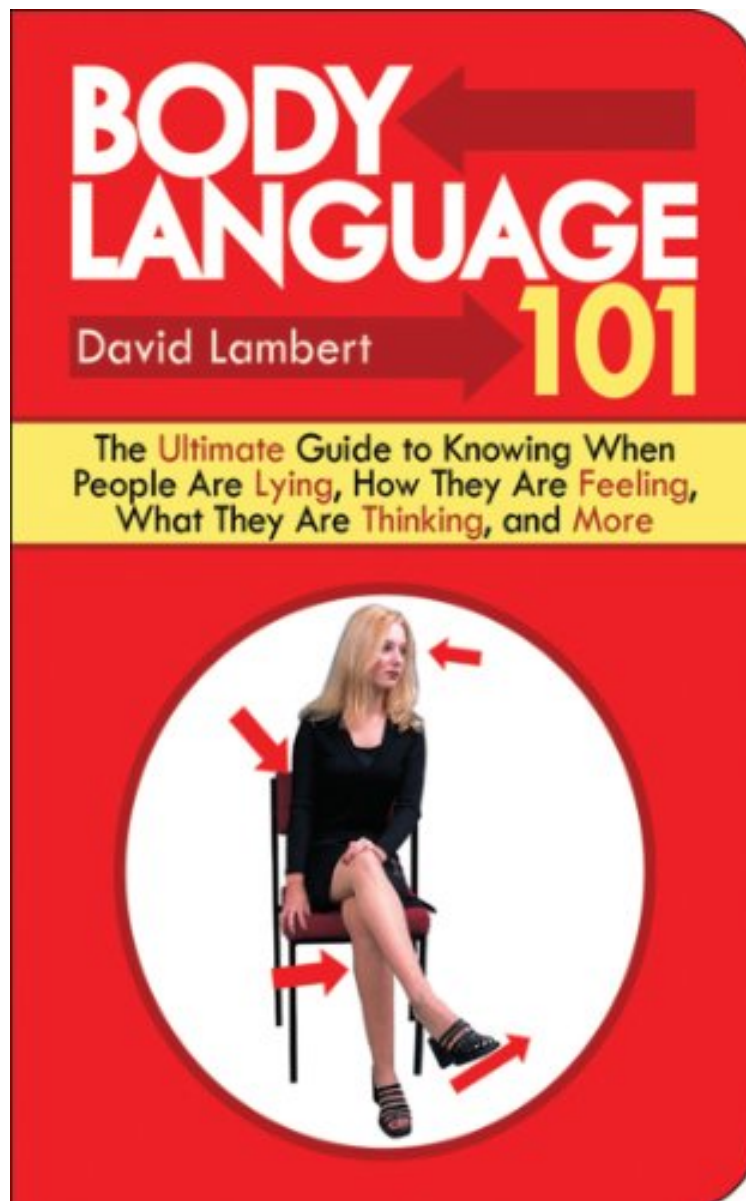


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Body Language 101: The Ultimate Guide to Knowing When People Are Lying, How They Are Feeling, What They Are Thinking, and More

David Lambert

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before purchasing it in order to gauge whether or not it would be worth my time, and all praised *Body Language 101: The Ultimate Guide to Knowing When People Are Lying, How They Are Feeling, What They Are Thinking, and More*:

0 of 0 people found the following review helpful. Good Pictures
By Philip Lawton
This book, which I approached as an actor, is a solid introduction to the interpretation of postures, gestures, and facial expressions. Most interesting and useful is the chapter on unconscious signs of deception, but the sections on indicators of disagreement and rejection are also valuable. One must, however, look to more advanced treatments for such topics as the difference between remembering and imagining (or confabulating).
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By Gerald B. Boyette
Not far into it but pictures in first half and description in the second half is a real turn off. Put the pictures and text together!
0 of 0 people found the following review helpful. Pathetic
By A Customer
This book gave up nothing that common sense didn't already divulge. No new insights - should have believed the reviews which pretty much said the same thing. Waste of time and money.

This amazing, revealing handbook contains all anyone will ever need to know about reading body language. With it, you can become a veritable human lie detector, spotting exactly when people are telling the truth, when they are lying, and even how they are feeling. What can you tell by folded arms, by the distance away someone stands when talking to you, from facial expressions, or from blinking eyes? The answer? Almost everything! With hundreds of examples illustrated in full color, *Body Language 101* can help anyone from any culture know more about his or her friends, spouse, colleagues, lovers, competitors, and enemies.

From School Library Journal
Starred . Containing more than 260 illustrations, *Body Language 101* serves as a comprehensive dictionary of nonverbal communication. Human behaviorist Lambert uses research from the areas of kinesics, zoology, gender studies, and psychology to demonstrate how people use body language to reinforce speech or indicate their mood. The guide triple-indexes the material, with one section organized by body parts (e.g., arms-linked, legs-crossed), the second by actions and their meanings (e.g., signs of conflict, sincerity, and deceit), and the third by emotions and meanings (e.g., embarrassment, ownership). A particularly interesting chapter covers signs of deceit, with photographs illustrating dishonest gaze behavior and foot actions. This is easily one of the best books on the subject, even surpassing Susan Quilliam's *Body Language*. Highly recommended for all libraries. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.
About the Author
is a keen observer of human behavior. He lives in London.