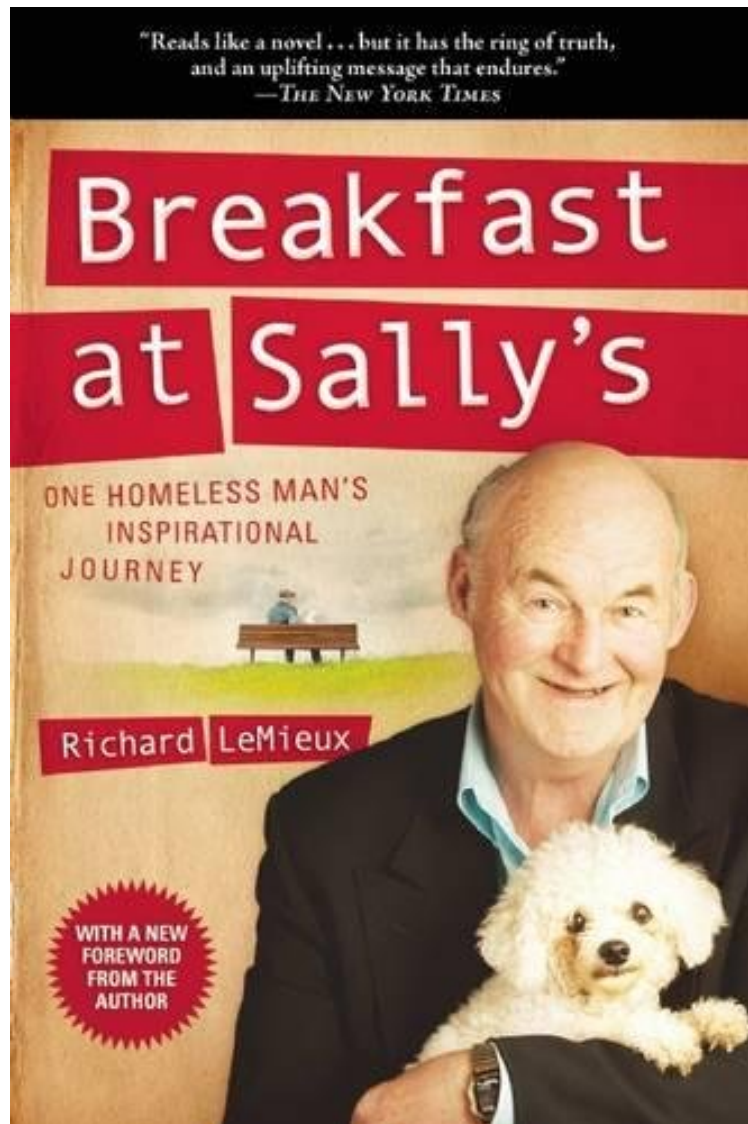


[Pdf free] Breakfast at Sally's: One Homeless Man's Inspirational Journey

Breakfast at Sally's: One Homeless Man's Inspirational Journey

Richard LeMieux

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Richard LeMieux : Breakfast at Sally's: One Homeless Man's Inspirational Journey before purchasing it in order to gage whether or not it would be worth my time, and all praised Breakfast at Sally's: One Homeless Man's Inspirational Journey:

1 of 1 people found the following review helpful. Witness to humanityBy artemis 1291In addition to George Orwell's Down and Out in Paris and London that was written in the early 20th century, this book is an artless account of a man deprived of the securities of life that reveals daily aspects of the homeless and their situations, which have not been

drastically changed since the Orwell's time period. No man is born to be homeless, but his situation plunges him into such deprivation. So you can never judge a homeless person based upon your assumption that he must have caused his own downfall. It's not that simple. It's a social phenomenon that all of us are somehow responsible for. But this book was not written with a fist clenched in anger but with affection for humanity the author felt and shared with his friends at the Salvation Army, the pastor who manifested the milk of human kindness forthwith, and Willow, the author's faithful canine (Bichon Frise) companion. This book will touch your heart one way or another, and if it doesn't, then your heart is made of steel. 0 of 0 people found the following review helpful. A subject most of us don't want to think about revealed By Sandra H. A formerly successful and wealthy man becomes homeless due to his businesses failure and serious depression. He decides to document his experiences as a suddenly homeless person. What he learns about the people he gets to know and are his support system and the lessons he learns about life is well worth learning. I had just read A Sheet Cat Named Bob which is also about homelessness. A cat named Bob truly helped "save" that young man as a little white dog, Willow, helped Richard survive. I can never again attempt to be blind to those who are hom0 of 0 people found the following review helpful. I loved the way LeMieux skillfully laid out the book to ... By Judith Clancy I read it in two days -- couldn't put it down. I loved the way LeMieux skillfully laid out the book to include his wildly different acquaintances while keeping Willow, his dog, and C, an intriguing new friend, an under theme that brought so many elements into this read. Bravo Mr. LeMieux. Also, the author made me rethink a lot of my previous views on the homeless -- a fate that I often imagined finding myself in when dreams fell through.

Features a new foreword by the author and a heartfelt endorsement of the book and its mission by Washington State's First Lady, Trudi Inslee! Once a happily married businessman, avid golfer, and the proud owner of several luxury cars and three boats, conservative-minded Richard LeMieux saw his fortune change almost overnight. In this astonishingly heartfelt memoir, he describes his descent into homelessness and his struggle to survive personal and economic disaster. Evicted from his home in 2002 and living with his dog, Willow, in a beat-up old van, LeMieux finds himself penniless and estranged from his family and friends. He dines at the Salvation Army (aka Sallys), attempts suicide, and is treated at a mental hospital where he is diagnosed with depression. Writing on a secondhand manual typewriter, first at a picnic table in a public park, and then wherever he can, LeMieux describes his odyssey and the quirky, diverse, and endearing cast of characters found among the homeless people of Bremerton, Washington, and, by extension, everywhere else. Breakfast at Sallys is a rare inside-look at how the other America lives, and how one man, beaten down and alone, was able to reconnect, find good people, and ultimately, with their help, to persevere.

From Publishers Weekly "Sally's" is what the homeless call the Salvation Army's soup kitchen. LeMieux is a first-time author whose memoir chronicles his descent as a conservative publisher who loses his company, his home, his wife and kids, and all sense of hope, until he is called back from a potential suicide by the insistent barking of his beloved dog, Willow. Together, they embark on what is truly the "inspirational journey" of this book's title, living in an old van and moving from town to town. Using a beatup typewriter, LeMieux captures not only what day-to-day life is like for those whose lives have been broken by economic hardship ("from the millions of teenagers on the street to the millions of old heroes stored away in nursing homes across the country"), but also the rich inner life and the wellsprings of hope that he finds in the many people he skillfully and sensitively describes--"people are as real as you can find anywhere." And his own experiences with constant depression, the mental health system that exists for the homeless, and his discovery of life and a sense of hope in his new home of Bremerton, Wash., combine into a moving tale that cuts through the stereotypes of homeless living. (Nov.) Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist *Starred* Not so very long ago, LeMieux was a successful businessman. He ran his own publishing company, lived in a house on the beach, drove a cool car, had a loving family. Then, suddenly, it was all gone: his business collapsed, his family left him, he was evicted from his home. He was nearly 60 years old, and he was homeless. This surprisingly uplifting and upbeat book chronicles his life as a man who lived on the streets. In fact, he began writing the book while he was homeless, banging out the manuscript on a salvaged typewriter, writing about his thoughts and emotions and the people he encountered (including the streetwise C, who exists in the book as LeMieux's spiritual guide and sidekick). This really is a remarkable book, powerfully written, inspiring, heartbreakingly honest, and, somehow, frequently quite funny. It belongs side by side with Chris Gardner's *The Pursuit of Happyness* (2006), Steve Lopez's *The Soloist* (2008), and Alexander Masters' *Stuart: A Life Backwards* (2006) as a must-read story of homelessness, determination, and redemption. --David Pitt "Reads like a novel. . . . But it has the ring of truth, and an uplifting message that endures." *New York Times* "It's wonderful what Richards is doing. His book was given to me by a mutual friend. . . . He really puts a face on the homeless. That it could be any one of us. There's a stereotype of homeless people, and people are often afraid of the homeless, because they put on a front mask and act defensive and tough, when they're really not. All they want is to be warm and safe, just like everybody else. Trudi Inslee, First Lady of Washington State "For those who yearn to believe in the basic decency of most human beings, this book provides abundant evidence." *Christian Science Monitor* "Once I started this book I could not put it down." Captain Howard Bennett, Salvation Army "Readable and thoroughly life-affirming." *Kirkus* s

"It's easy to look from afar onto the world LeMieux writes about. People panhandling. Living in cars. Most of us probably figure they've always been down. But how far did they fall? Maybe farther than we think."Seattle Times
"Breakfast at Sally's refutes stereotypes about the homeless. Anyone reading it will no doubt become more compassionate and empathetic towards homeless people."Michael Stoops, Executive Director, National Coalition for the Homeless "An important book. A vivid, honest peek into a world we rarely see."Nan Roman, President and CEO, National Alliance to End Homelessness "'Sally's' refers to the Salvation Army soup kitchen, a friendly way station for LeMieux and his ever-present companion, 'Willow the Wonder Dog.'"Charlotte Observer