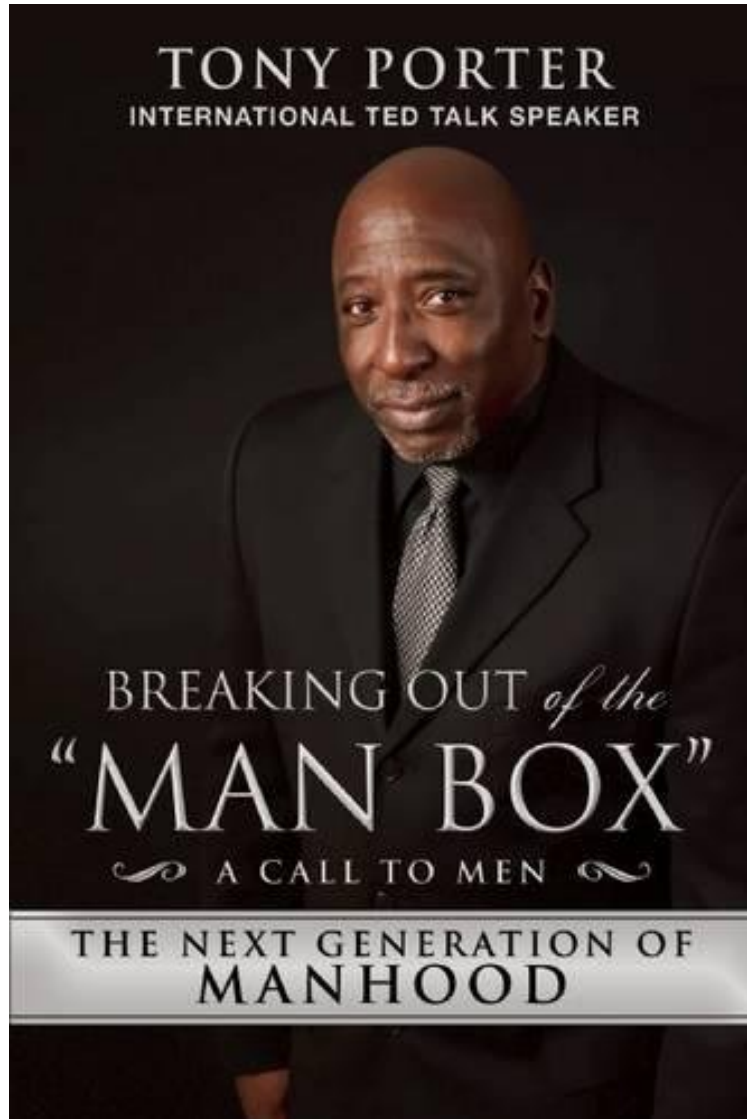


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Breaking Out of the "Man Box": The Next Generation of Manhood

Tony Porter

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An international TED Talk speaker, Tony Porter challenges manhood and male socialization, which he defines as the man box. Tony Porter works closely with the NFL, the NBA, the MLB, the US military, colleges, universities, and numerous other organizations to prevent violence against women and girls by promoting healthy, respectful manhood. Now, in *Breaking Out of the Man Box* Porters message is directed at all men. This book tackles the collective socialization of manhood and provides an in-depth look at the experiences of boys and men. In an effort to understand the many aspects of what it means to be a man, Porter suggests the topic is worthy of being rethought, challenged, and even redefined. This book will help menfathers, husbands, brothers, coworkers, etc.unpack and correct those realities. *Breaking Out of the Man Box* boldly exposes the connection between male socialization and the quest to end violence against women and girls. Porter provides an honest and transformative experience, empowering men to create a world where men and boys are loving and respectfuland a human race where women and girls are valued and safe. On the heels of national movements and initiatives such as the NFLs NoMore.org, this book provides men with the knowledge and understanding to explore how to create that world.

ADVANCE PRAISE FOR BREAKING OUT OF THE MAN BOX Tony is a man of great character and virtue, a leader in the charge to end domestic violence. It has been an honor to fight that battle alongside him. With *Breaking Out of the Man Box* Tony has taken the extra step to offer organic solutions to cement a culture change to end domestic violence using the illustration of the man box. His book challenges us all to be better men, not just bystanders, but in pursuit of doing the right thing. Troy Vincent, executive vice president, NFL Football Operations *Breaking Out of the Man Box* is a powerful look at manhood and its connection to violence against women. This transformative read is for fathers, sons, husbands, brothers and friendsfor any man who wants to create a world where all men and boys are loving and respectful and all women and girls are valued and safe. Readers will want to be part of the Next Generation of Manhood. James Brown, network broadcaster, CBS Sports and CBS News A life-changing read for the well-meaning man. *Breaking Out of the Man Box* heightens readers awareness of their potential impact on women in their lives and communities, and lays a bold foundation for preventing violence against all women and girls. Peter Buffet, copresident, NoVo Foundation Tony Porters book is a well-meaning mans call to other well-meaning men to end the silence, ask difficult questions of ourselves and those around us, and begin a unified discussion that will lead to a lasting, meaningful solution. Danny Pino, actor, NBCs *Law Order: SVU*