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# Bug Out Bag: A Quick BOB Guide on How to Make the Ultimate Bug out Bag

*Robert Reinoehl*

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# BUG OUT BAG

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**ROBERT REINOEHL**

**How to make the ultimate bug-out bag.**

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#1914825 in Books Reinoehl Robert 2014-01-30Original language:EnglishPDF # 1 9.00 x .18 x 6.00l, .26  
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**Robert Reinoehl : Bug Out Bag: A Quick BOB Guide on How to Make the Ultimate Bug out Bag** before purchasing it in order to gage whether or not it would be worth my time, and all praised Bug Out Bag: A Quick BOB Guide on How to Make the Ultimate Bug out Bag:

2 of 2 people found the following review helpful. Concise, Well Laid Out, Well WrittenBy J. RobideauIt was obvious

that quite a bit of thought went into this book. While the book is not extremely long, it is well laid out and all the important aspects are covered. The detailed, linked table of contents went on for more than seven pages on my Kindle reader. This makes for easy access to the information when you want to reference it later. Here are the main chapters.

Chapter 1: Meet BOB - the Bug-Out Bag  
Chapter 2: Choosing an Emergency Gear Bag  
Chapter 3: Water and Hydration  
Chapter 4: Food and Food Preparation  
Chapter 5: Clothing  
Chapter 6: Shelter and Protection  
Chapter 7: Making a Fire  
Chapter 8: First Aid  
Chapter 9: Hygiene and Sanitation  
Chapter 10: Important BOB Tools  
Chapter 11: A Light for the Road  
Chapter 12: Communicating  
Chapter 13: Money and Documents  
Chapter 14: Surviving with Pets  
Chapter 15: Self-defense  
Chapter 16: Extras for Your Optional Bag  
Chapter 17: Organizing and Maintaining Your BOB  
Chapter 18: Obtaining the Knowledge to Survive

The writing style was helpful and the author offered up lots of useful advice as well as options for those that might be in a different situation or might not want to follow his personal recommendation. This book is absolutely recommended for anyone who wants to take a quick and concise look at the "Bug Out Bag" to create a new one or to see if they need to make any changes to their current bag. If you want another book with some more specific advice on lightening up your BOB, I recommend *Ultralight Survival: Make a Small and Light Bug Out Bag That Could Save Your Life*. 1 of 1 people found the following review helpful. In Depth Checklists...By Boxer Dog Lover in Vermont...This short book has some excellent information in it. The basics of a survival kit are listed in great detail. There is in depth information from the selection of a bag to types of communication that may be used. It also covers how to make a fire and the importance of having first aid knowledge. Highly recommended. 0 of 0 people found the following review helpful. Nothing new but well organized. By John C. Ware. I would love to see someone actually build the BOB that is described and take pictures and weigh it. That said, lots of good practical advice.

A disaster is unexpected and causes destruction. It strikes at any time and any place. A disaster may be natural or man-made. Sometimes a disaster requires one to flee immediately from a disaster ground to a safer site. If a disaster should strike your area and necessitates an evacuation, are you prepared to flee immediately? Do you know which items to pack and are vital for your survival? What if you don't have the time to pack? Wouldn't it be better if you have a bag you can readily grab if you need to evacuate? Having a prepared BOB or a bug-out bag helps you be prepared to escape any disaster. It is a basic bag that contains all the things you need to survive and will help you to get you from a site of a disaster to safety. *Bug Out Bag Book: A Quick BOB Guide on How to Make the Ultimate Bug out Bag* contains all the information you need in order to prepare your bug-out-bag, what things to bring and survival tips crucial for your safety. This book will help you know about: How to Make the Ultimate Bug-Out Bag The key attributes of a bug-out bag? The basics of a personal survival kit Choosing an Emergency Gear Bag Water and Hydration Metal and plastic canteens Food and Food Preparation Protecting your food supply Fishing kits What to eat if you run out of food Clothing Shelter and Protection Making a Fire First Aid Hygiene and Sanitation Important BOB Tools Lighting options Communications Money and Documents Surviving with Pets Self-defense Camouflage and secure sleeping Organizing and Maintaining Your BOB How to pack your bug-out bag Returning to your home after an evacuation. Survival training Practicing your skills Physical preparedness Mental preparedness Although a disaster is unpredictable, it does not mean that we cannot prepare for it. Preparing your bug-out-bag is one of the first steps you can take to be prepared for any catastrophe. Get a copy of this book and be emergency prepared today!