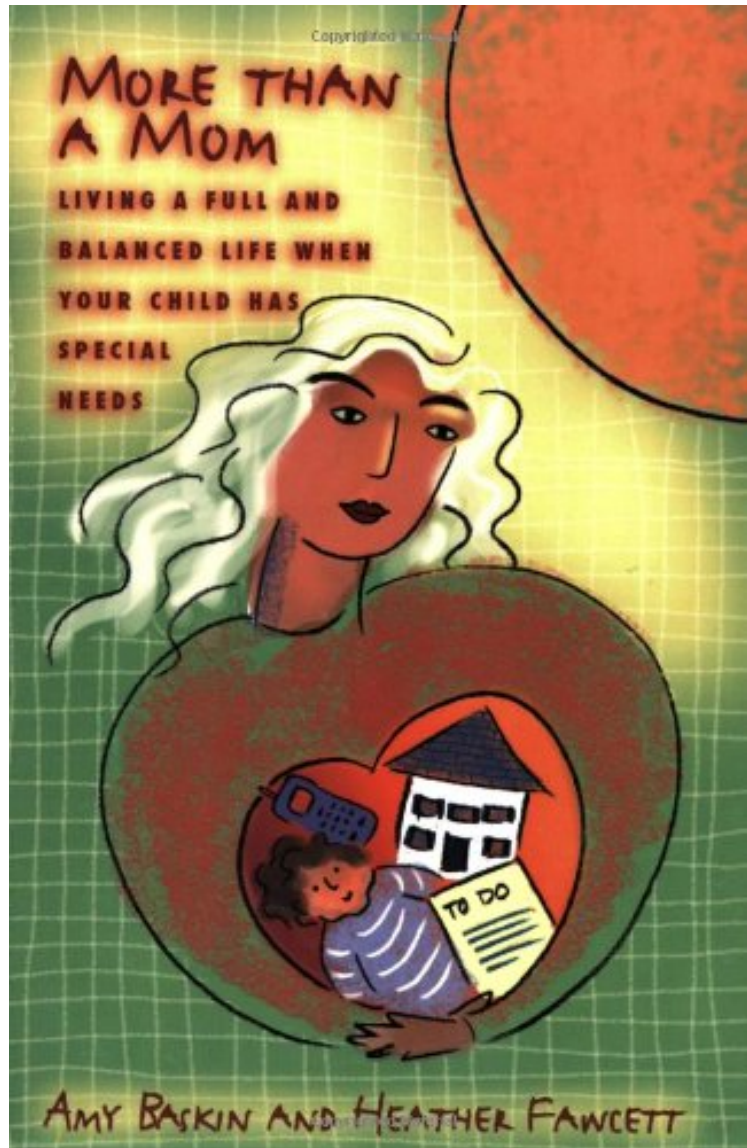


(Mobile ebook) More Than a Mom: Living a Full And Balanced Life When Your Child Has Special Needs (Mom's Choice Awards Recipient)

More Than a Mom: Living a Full And Balanced Life When Your Child Has Special Needs (Mom's Choice Awards Recipient)

Heather Fawcett, Amy Baskin

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Heather Fawcett, Amy Baskin : More Than a Mom: Living a Full And Balanced Life When Your Child Has Special Needs (Mom's Choice Awards Recipient) before purchasing it in order to gage whether or not it would be worth my time, and all praised More Than a Mom: Living a Full And Balanced Life When Your Child Has Special Needs (Mom's Choice Awards Recipient):

0 of 0 people found the following review helpful. What A ReliefBy rphairI got this soon after my son's diagnosis of Autism. This book has a very realistic,fun and helpful way of explaining how to relieve my life of stress and assure me that I am not alone and how to help my family but most importantly myself. The authors seem to be knowledgeable and genuinely warm to the reader.I read this easy read in 2 days. I recommend and I have even applied some of the tips and they seem to work out great so far.1 of 2 people found the following review helpful. A must read!By P.J. HeeranAs a parent of a child with Down syndrome, this book is awesome! It really has been helping to make me realize I need to take more time for myself and the rest of my family. I highly recommend this book for any parent of a child with special needs!19 of 34 people found the following review helpful. There is Life on MarsBy Yellow RosesAlthough I may have known in heart some of things that are in the book it helps to see them in print.Perhaps what I believe we need to do is to do books like this for those families who live below the median income in countries across the world. I live in Jamaica and fortunately I can pay to dream some of the new dreams, not all.The challenges that women with children with disabilities who live below the median income are awesome. For those living in developing countries like Jamaica they are moreso.While the focus should be on dreaming new dreams. They need also be about dreaming but not doing. There should be something here about advocacy and why for those new dreams to happen we must advocate that could have been an emphasis.This book makes the assumption that you can afford to sleep and to dream, some of our mothers are in a nightmare and they need more on how to move to the zone of celebration than this book gives.

(2007 Independent Publisher Award, Bronze Medalist in Women's Issues category; 2006 Mom's Choice Awards, Finalist: Adult Books/Non-Fiction; 2006 Best Books Book Award, Parenting/Family Finalist) MORE THAN A MOM explores how women can lead rich, fulfilling personal lives while parenting a child with special needs. The authors' skillful blend of research, personal experiences, and feedback from over 500 mothers across North America results in a book that is jam-packed with practical strategies, advice, and reassurance for mothers trying to create more manageable and fulfilling lives. MORE THAN A MOM addresses the universal concerns and questions of all mothers, coupled with the added intensity of raising children with disabilities. This how-to guide looks at the challenges mothers face at home, at work, and within themselves, with special attention paid to: Staying healthy both physically and emotionally; Keeping friendships; Staying organized; Maintaining your marriage; Nurturing interests and goals; Seeking flexible work options; Changing careers or starting a business; Rejoining the workforce; Finding specialized childcare; Advocating for your child. The mothers who were interviewed for the book have diverse backgrounds and family dynamics. Given their differences and the fact that their children have such varied disabilities, it is striking that these mothers face such similar issues. MORE THAN A MOM provides mothers with many voices and solutions that will resonate with their own circumstances. Husbands, extended family, friends, support organizations, and service providers will also want to read this insightful and fact-filled book.

"I highly recommend this book." -- New Zealand Down Syndrome Journal, Volume 30, Spring 2006"Primary caregivers will find comfort along with factual information and practical advice." --Tourette Syndrome Association newsletter, Winter 2006"This books reflects reality but maintains an optimistic outlook. Keep this book on your bedside table as a quick reference and a detailed catalogue of resources." --Canadian Journal of Occupational Therapy, Volume 73, Number 5, December 2006"[A] wonderful resource: A book written for mothers of children with special needs that is also helpful to the professionals involved in the lives of these children." --ADVANCE for Physical Therapists PT Assistants, January 1, 2007"[A]n uplifting homage to the difficulties of raising a disabled child...brimming with pragmatic advice..." --ForeWord Magazine, July/August 2006, Volume 9, No. 4More Than a Mom is a recipient of the prestigious Mom's Choice Award. The Mom's Choice Awards honors excellence in family-friendly media, products, and services. An esteemed panel of judges includes education, media and other experts as well as parents, children, librarians, performing artists, producers, medical and business professionals, authors, scientists and others. A sampling of the panel members includes: Dr. Twila C. Liggett, Ten-time Emmy-winner, professor and founder of Reading Rainbow; Julie Aigner-Clark, Creator of Baby Einstein and The Safe Side Project; Jodee Blanco New York Times Best-Selling Author; LeAnn Thieman, Motivational speaker and coauthor of seven Chicken Soup For The Soul books; Tara Paterson, Certified Parent Coach, and founder of the Mom's Choice Awards. Parents and educators look for the Mom's Choice Awards seal in selecting quality materials and products for children and families. This book/product has been honored by this distinguished award. --Mom's Choice Awards"This books reflects reality but maintains an optimistic outlook. Keep this book on your bedside table as a quick reference and a detailed catalogue of resources." --Canadian Journal of Occupational Therapy, Volume 73, Number 5, December 2006About the AuthorAmy Baskin writes and speaks regularly about parenting, education, life balance, and disability issues. Her work appears in magazines across North America. She has a Master of Education Degree from the University of Toronto and has taught classes in parenting, writing, and speaking skills. She lives with her husband and two daughters in Guelph, Ontario, Canada. Her youngest child has autism. Heather Fawcett chairs the Asperger's Syndrome parent support group of Ottawa, Ontario, which provides information and support, social skills programs,

and advocacy to 400 family and professional members. She is a writer and a parent of a teen with Asperger's syndrome. Heather has earned multiple B.A. degrees in English, Applied Studies, and Psychology from the University of Waterloo and Carleton University.