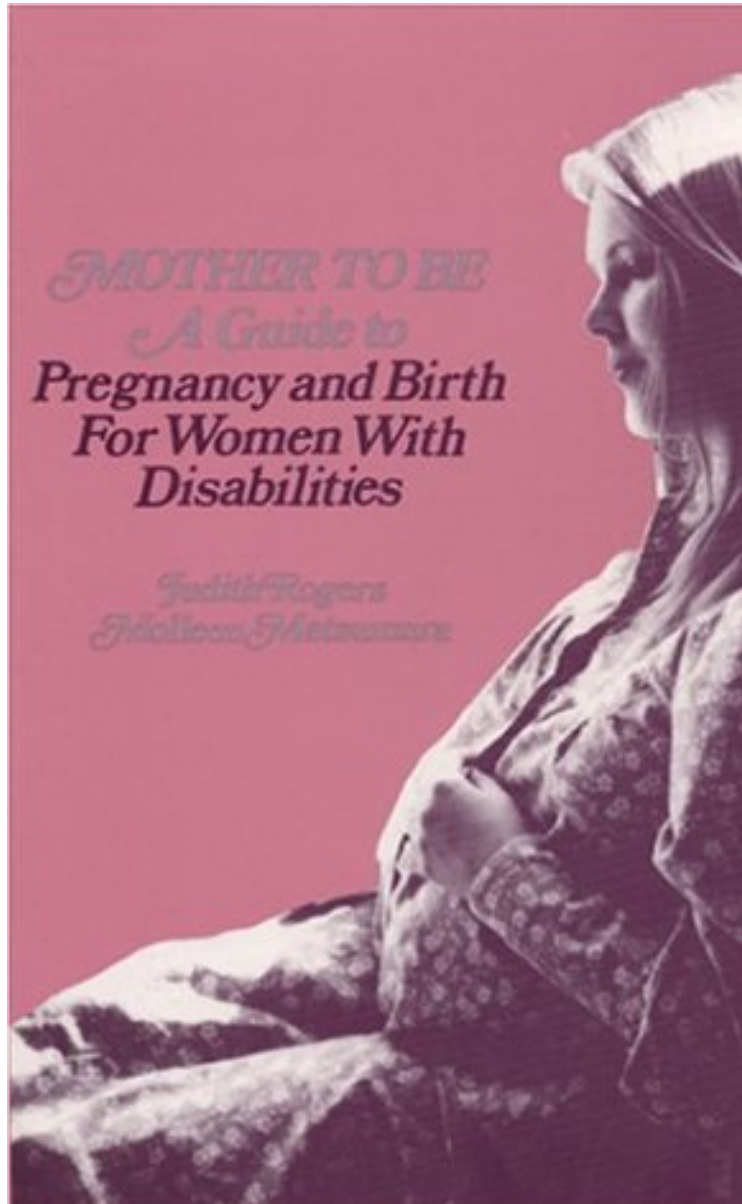


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Mother-To-Be: A Guide to Pregnancy and Birth for Women with Disabilities

Judith Rogers, Molleen Matsumura
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Judith Rogers, Molleen Matsumura : Mother-To-Be: A Guide to Pregnancy and Birth for Women with Disabilities before purchasing it in order to gage whether or not it would be worth my time, and all praised Mother-To-Be: A Guide to Pregnancy and Birth for Women with Disabilities:

9 of 10 people found the following review helpful. Excellent source of encouragement for disabled moms to beBy A CustomerAs someone with a disability who recently became a mom, I found that the literature on the subject was sparse to nonexistent. This book was the one shining gem that helped me to know that I was not alone, and that my pregnancy was not the unnatural thing that much of society still thinks it should be. A "must read" for moms with disabilities. Patricia Day0 of 0 people found the following review helpful. excellent!By melanyI loved this book! I read it and followed the advice given. After reading it, I decided although I have cp I can have a child. It was the enlightenment I needed! (my daughter is 9yrs. old now) Thank You!0 of 0 people found the following review helpful. Outdated, outdated, outdated!By A CustomerThis book is old and not full of much useful information for modern day women. It lists specific conditions - mostly rare conditions - and fails to discuss the broader issues for mothers with disabilities.

Here you will find an in-depth look at every aspect of pregnancy from the disabled woman's perspective, including how to: * find the best medical care * exercise * nutrition * body changes * fetal development * recognizing the onset of labor * delivery * caesarean birth * and postpartum issues Empathetic, balanced, comprehensive, and practical, this guide provides all the facts needed by disabled women and their families. It stresses the importance of informed communication among the pregnant woman, her family members, and health care professionals. Most importantly, it is the only book that answers critical questions and provides guidance for the woman with a disability facing one of the biggest challenges of her life.

"Mother-to-Be dispels the myth that motherhood is beyond the reach of women with severe physical limitations...first author Judith Rogers, a woman with a disability and an occupational therapist, brings a tone of understanding and reality-based problem solving." -- Disability Studies Quarterly