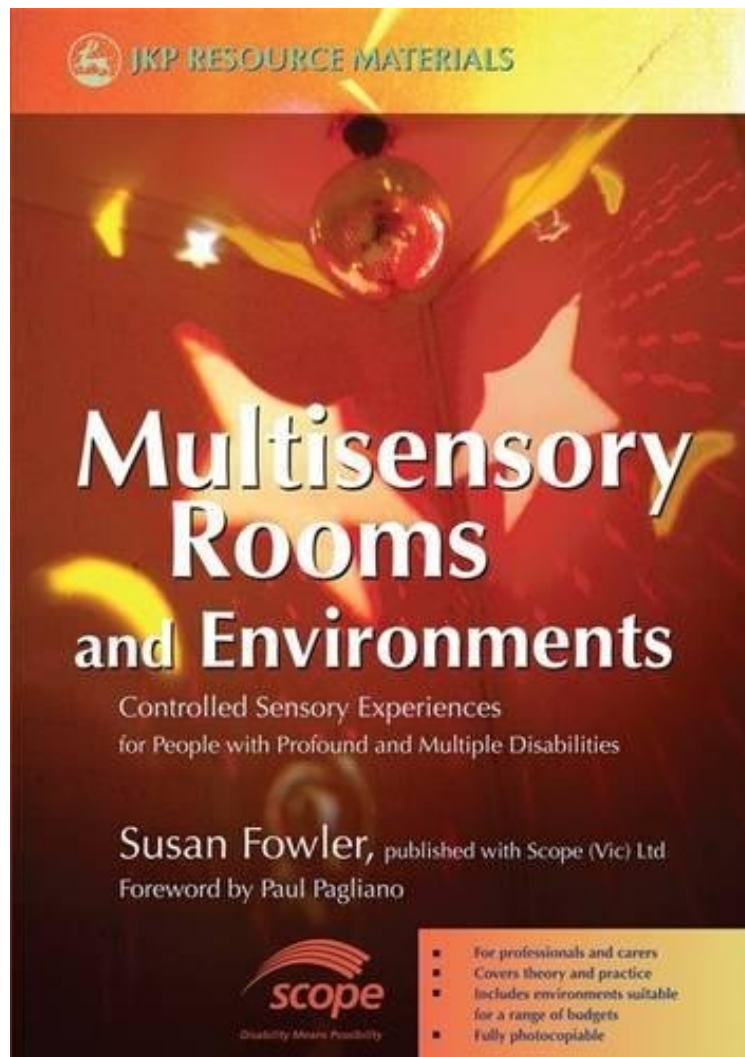


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# Multisensory Rooms and Environments: Controlled Sensory Experiences for People with Profound and Multiple Disabilities

*Susan Fowler*

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This unique, fully photocopiable resource offers guidance and materials to aid those developing multisensory environments - artificially engineered spaces that encourage relaxation, social skills and learning by stimulating the five senses. Particularly useful for those working with people with multiple disabilities, this resource explains the theory underlying multisensory environments, describes the different types, and outlines the practicalities of planning, setting up and equipping a multisensory space. The resource also features useful checklists and tools for creating multisensory experiences in both designed and everyday settings, such as the kitchen, bathroom, garden or beach. *Multisensory Environments* is published using photocopy-friendly lay-flat binding and is an essential tool for any professional working with individuals with multiple disabilities. It is the perfect complement to *Sensory Stimulation: Sensory-Focused Activities for People with Physical and Multiple Disabilities*, also authored by Susan Fowler and published by Jessica Kingsley Publishers.

**About the Author** Susan Fowler has 16 years' experience as an occupational therapist with a particular interest in providing services for people with intellectual and physical disabilities. She is the author of *Sensory Stimulation: Sensory-Focused Activities for People with Physical and Multiple Disabilities*, also published by Jessica Kingsley Publishers. Scope (Vic.) Ltd is a non-profit organisation providing disability services throughout Melbourne and Victoria, Australia, to thousands of children and adults with physical and multiple disabilities. It has also co-published three other resources with Jessica Kingsley Publishers: *Enhancing Self-Esteem: A Self-Esteem Training Package for Individuals with Disabilities*, *Anger Management: An Anger Management Training Package for Individuals with Disabilities* and *Sensory Stimulation: Sensory-Focused Activities for People with Physical and Multiple Disabilities*.