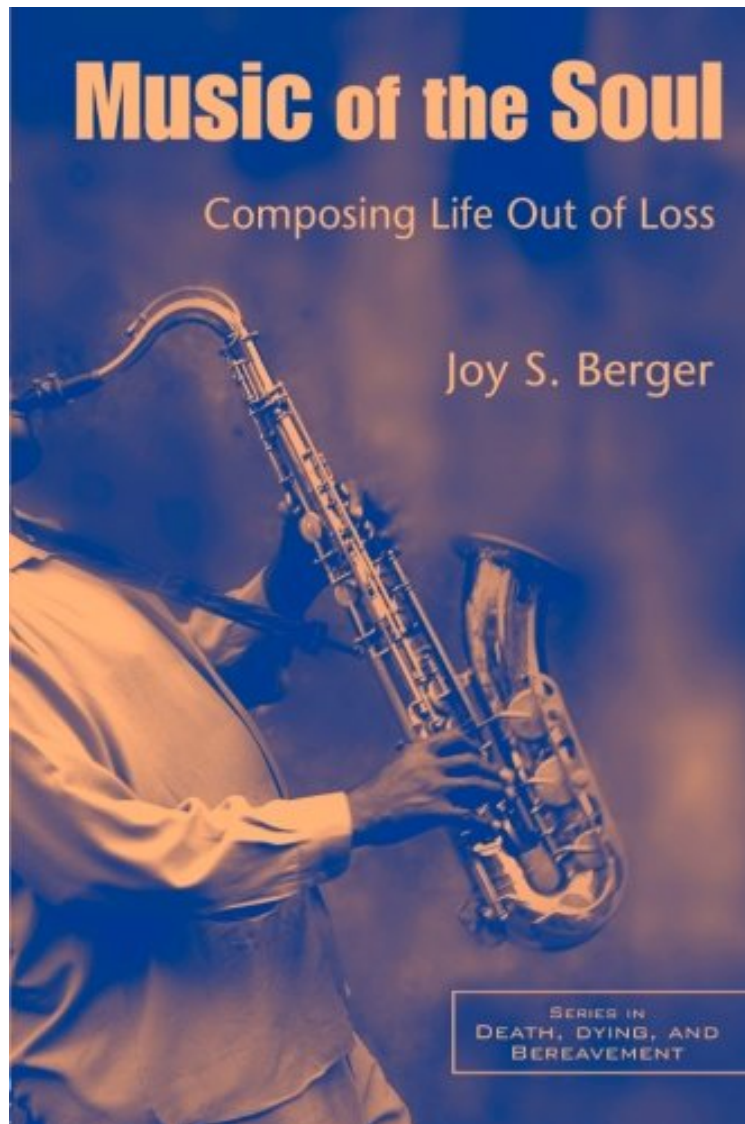


Music of the Soul: Composing Life Out of Loss

Joy S. Berger

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#2731317 in Books Joy S Berger 2006-09-10 2006-10-05 Original language: English PDF # 1 9.00 x .61 x 6.00l, .82 #File Name: 0415954819240 pages Music of the Soul Composing Life Out of Loss | File size: 20.Mb

Joy S. Berger : Music of the Soul: Composing Life Out of Loss before purchasing it in order to gauge whether or not it would be worth my time, and all praised Music of the Soul: Composing Life Out of Loss:

0 of 0 people found the following review helpful. I read this book as part of my training for ...By MariI read this book as part of my training for a music ministry in Hospice work. It was very helpful and inspiring. It gives pointers on how to be aware of a person's reaction to music and how to find music that will trigger memories and feelings that are soothing for a person experiencing sickness and loss.

Music of the Soul guides the reader through principles, techniques, and exercises for incorporating music into grief counseling, with the end goal of further empowering the grieving person. Music has a unique ability to elicit a whole range of powerful emotional responses in people - even so far as altering or enhancing one's mood - as well as physical reactions. This interdisciplinary text draws in equal parts from contemporary grief/loss theory, music therapy research, historical examples of powerful music, case studies, and both self-reflecting and teaching exercises. Music is as much about beginnings as endings, and thus the book moves through life's losses into its new beginnings, using musical expression to help the bereaved find meaning in loss and hurt, and move forward with their lives. With numerous exercises and examples for implementing the use of music in grief counseling, the book offers a practical and flexible approach to a broad spectrum of mental health practitioners, from thanatologists to hospice staff, at all levels of professional training and settings.

"This is an important book for the field, beautifully written, with powerful and heartfelt content." - Galen Miller, Ph.D., Executive Vice President, The National Hospice and Palliative Care Organization "For all of us who have experienced the deep loss of a loved one or struggled with the darkness of daily despair, this book is a pastoral voice of healing and a reminder of the power of music to transform us in life's moments of greatest vulnerability, grief, or intimacy." - Dr. John H. Dickson, Director of Choral Studies, Texas Tech University, USA "Berger's use of music as metaphor permeates every page, in language that is inspiring and easy to understand....this is a book that not only reaffirms the importance of music but also provides a signpost to new ways of thinking about palliative care." - Bob Heath, State registered music therapist in BereavementCareAbout the Author Joy S. Berger, FT, DMA, BCC, MT-BC is the Director of Education at the Hospice Education Network (HEN), www.hospiceonline.com, where she ensures that the Hospice Education Network remains at the forefront in developing innovative solutions and services to meet the educational needs of hospice and palliative care professionals nation-wide. She is a recipient of the National Heart of Hospice Award for Psychosocial/Spiritual Care by the National Council of Hospice Palliative Professionals. Dr. Berger is a Fellow in Thanatology (Association for Death Education and Counseling), Doctor of Musical Arts (piano performance), with board certifications as a chaplain (Association of Professional Chaplains) and music therapist (Certification Board for Music Therapists). The author can be found on the web at www.composinglife.com and www.hospiceonline.com.