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## National Geographic Extreme Weather Survival Guide: Understand, Prepare, Survive, Recover

*Thomas M. Kostigen*

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#923296 in Books 2014-10-21 2014-10-21 Original language: English PDF # 1 8.26 x .83 x 5.311, 1.25 #File Name: 142621376X384 pages | File size: 65.Mb

**Thomas M. Kostigen : National Geographic Extreme Weather Survival Guide: Understand, Prepare, Survive, Recover** before purchasing it in order to gage whether or not it would be worth my time, and all praised National Geographic Extreme Weather Survival Guide: Understand, Prepare, Survive, Recover:

12 of 13 people found the following review helpful. DisappointedBy Charles CraftI'll start with what I see as the main problem - this book has very little useful information about Immediate Survival, or what to do when you're in the middle of a disastrous event. For example, the chapter on lightning gives hardly any information of little-known do's and don't's of outdoor sheltering, like stay out of overhangs or ditches, and don't lie flat on the ground. The lightning chapter also contains the only two mentions of CPR in the entire book. Basically, give CPR if required, but not if the victim has a heartbeat and is breathing! The reader is urged to obtain first aid certification as part of preparedness. There is no basic first aid section, and what is given in the individual disaster chapters is very superficial at best. True to it's advertising, the book does contain a lot of background information on the natural causes and mechanisms leading to disastrous weather. There are many references to past events. It also contains a lot of politics about climate change, and warnings about how things are likely to get worse. We are advised to recycle and conserve, which is good, but doesn't do a thing about either preparedness or survival. It also contains opinions, like don't buy food from industrial scale farming operations because they are bad for the environment. The book contains many checklists for preparedness and recovery. Examples include preventive actions like keeping brush and shrubbery away from your house in wildfire areas, and building berms to divert flash floods. There is advice about removing damaged wallboard after a house has been flooded, and not using food that has been subjected to floodwaters. Again, before and after, not immediate. In conclusion, I believe many readers will find the information interesting and useful, but I find it to fall far short of it's title as a "Survival Guide." 0 of 0 people found the following review helpful. Five StarsBy Jackie StringhamGreat weather info source---comprehensive---a must for most households 0 of 0 people found the following review helpful. Five StarsBy Jana DavisInteresting subject matter. I bought this as a gift.

Hurricanes, floods, wildfires, tornadoes--weather is becoming extreme, and this book tells you how to plan ahead and prepare, respond to emergencies, and survive the worst-case scenarios. From the risks of building on changing coastlines to the safety kit you should have packed up at home, from the telltale signs of a hurricane on the horizon to how to power up when the grid goes down--this will be the one book to carry with you through all kinds of bad weather. Divided into four sections (Hot, Cold, Wet, Dry) each chapter includes a level-headed discussion of current weather extremes, facts and details on conditions, and theories for why these changes are occurring; dos and don'ts for inside and outside; and gives at-a-glance guidance for how to prepare for, survive, and recover from every extreme. Sidebar features include: gears and gadgets; protecting your pet; and firsthand accounts from survivors and the experts who help them. Spectacular photographs of wicked weather plus useful checklists and how-to illustrations make page after page both useful and entertaining, even when you're contemplating the unthinkable.

"Part educational text, part how-to guide, this handbook divides extreme weather into four general categories: wet, dry, hot, and cold." --Library Journal About the Author THOMAS M. KOSTIGEN is a New York Times bestselling author who has written numerous books on the environment, including *The Green Book*, *You Are Here*, *The Green Blue Book*, and *The Big Handout*. His journalism is regularly featured in publications worldwide, and he appears frequently as a public speaker, as well as television host and guest expert.