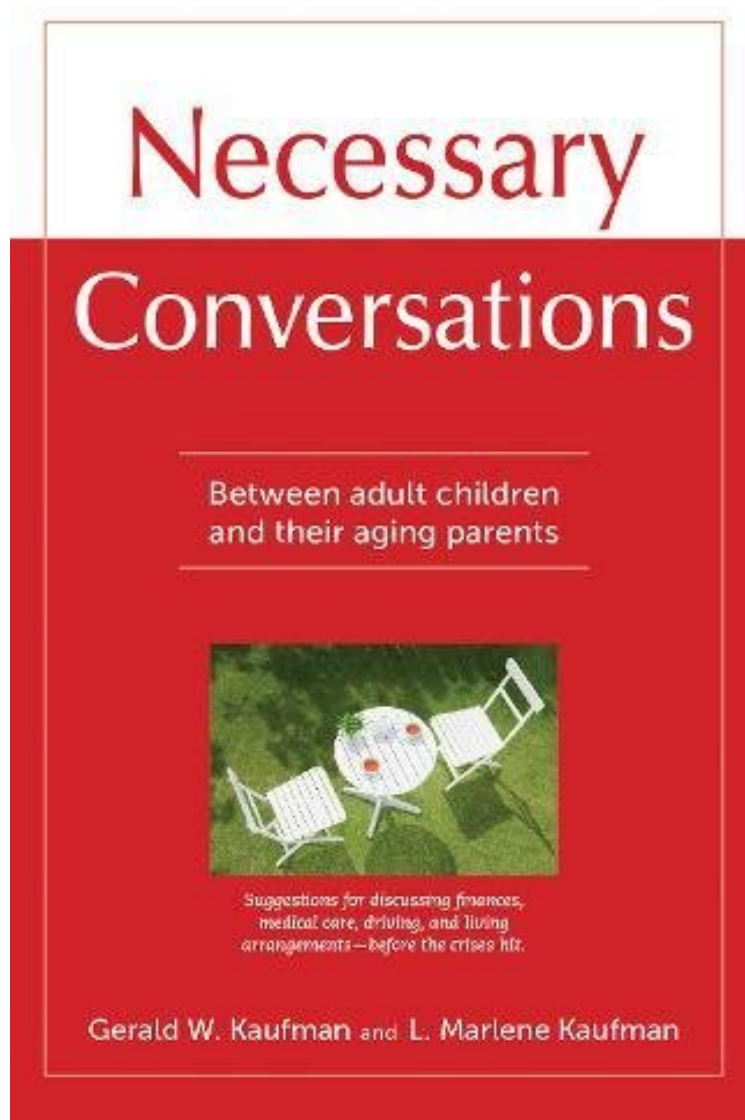


[Download free pdf] Necessary Conversations: Between Adult Children And Their Aging Parents

# Necessary Conversations: Between Adult Children And Their Aging Parents

Gerald Kaufman

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**Gerald Kaufman : Necessary Conversations: Between Adult Children And Their Aging Parents** before purchasing it in order to gage whether or not it would be worth my time, and all praised Necessary Conversations: Between Adult Children And Their Aging Parents:

3 of 3 people found the following review helpful. Good read for how to talk to parents.By Darla Rae LoewenI chose

this book because I need to have necessary conversations with my father who is hard to have these kinds of conversations with. Maybe more is that I need to have these conversations with my children so that they are free to help their parents in the end of life process. Easy to read, good suggestions and ideas for both talking with parents who are aging and making conversation easier with children when as I continue to age. 1 of 1 people found the following review helpful. I highly recommend this book to parents and children. By Kerry A. Aguirre This book helped me, my siblings and our parents have a much needed conversation. All of us were apprehensive before we read the book but the examples were so relatable to each one of us, we were confident and prepared. I highly recommend this book to parents and children, no matter what their age. Respectful, compassionate and real. 1 of 1 people found the following review helpful. Four Stars By Customer excellent advice. purchased for each of our children. we will use it in our upcoming meeting.

In this timely book, family counselors Gerald and Marlene Kaufman urge adult children and their parents to have direct conversations about the decisions that lie ahead as parents age. The Kaufmans suggest that families use their parents' retirement as the benchmark for having the first discussion about their parents' plans for the next phase of their lives. The Kaufmans point out that most families wait until they're faced with a crisis before having these conversations. The big questions facing aging adults are: 1. Where should they live as they become less able to care for a property? 2. How will they manage their finances so that they are as prepared as possible to meet their needs as they age? Are they ready to invite one or more of their children to become their partners in making financial decisions? 3. Are they ready to invite one or more of their children to become their partners in making their medical decisions? 4. How can parents and children work together in determining when it's no longer safe or wise for the parents to drive? 5. What end-of-life decisions should parents be prepared to make? What is the best way to have those discussions? Necessary Conversations is filled with stories and examples from many families, most with different life circumstances, but all facing these same issues. The chapters end with "Getting Started," a list of suggestions for action, as well as "Questions" for focusing on practical outcomes to the discussions. The book includes a series of exhibits from a "Needs Assessment for Caregivers" to a "Medications and Supplements List" to a "Driving Contract and Checklist." A thoughtful and useful guide to a life stage that's often dreaded and muddled through. Gerald W. Kaufman and L. Marlene Kaufman have been family counselors for nearly 40 years. This book grew out of a seminar they were asked to lead with their adult daughter and her husband.

About the Author Gerald W. Kaufman was in private practice as a therapist for 34 years. He served as a consultant to nursing homes for 15 years. His Masters in Social Work is from Indiana University. L. Marlene Kaufman was a therapist in private practice for 24 years. Her Masters in Social Work is from Temple University. Both Gerald and Marlene dealt extensively with family issues in their practices, including aging and end of life. The Kaufmans have co-authored two previous books: Monday Marriage, Celebrating the Ordinary; and Freedom Fences, How to set limits that free you to enjoy your marriage and family, written with their two daughters. The Kaufmans have four children and 11 grandchildren.