

1 people found the following review helpful. New aging for the dull-wittedBy Bernie DiscernsSimplistic, not worth the price of the book. I can find the same tips, cheering and advice anywhere online.

Aging is a gift that we receive with lifeand in *New Aging*, the architect Matthias Hollwich outlines smart, simple ideas to help us experience it that way. *New Aging* invites us to take everything we associate with agingthe loss of freedom and vitality, the cold and sterile nursing homes, the boredomand throw it out the window. As an architect, Matthias Hollwich is devoted to finding ways in which we can shape our living spaces and communities to make aging a graceful and fulfilling aspect of our lives. Now he has distilled his research into a collection of simple, visionary principlesbrought to life with bright, colorful illustrationsthat will inspire you to think creatively about how you can change your habits and environments to suit your evolving needs as you age. With advice ranging from practical design tips for making your home safer and more comfortable to thought-provoking ideas on how we work, relax, and interact with our neighbors, and even how we eat, *New Aging* will inspire you and your loved ones to live smarter today so you can live better tomorrow.

About the AuthorMatthias Hollwichis an architect and cofounder of the internationally acclaimed architecture firm HWKN. His work has been featured in*Wallpaper**, the*New York Times*,*Bauwelt*,*Dwell*, and*Architectural Digest*, and has been awarded the MoMA PS1 Young Architects Award. He began his research into aging as part of a collaboration between HWKN, the University of Pennsylvania, and the Bauhaus Foundation Dessau.