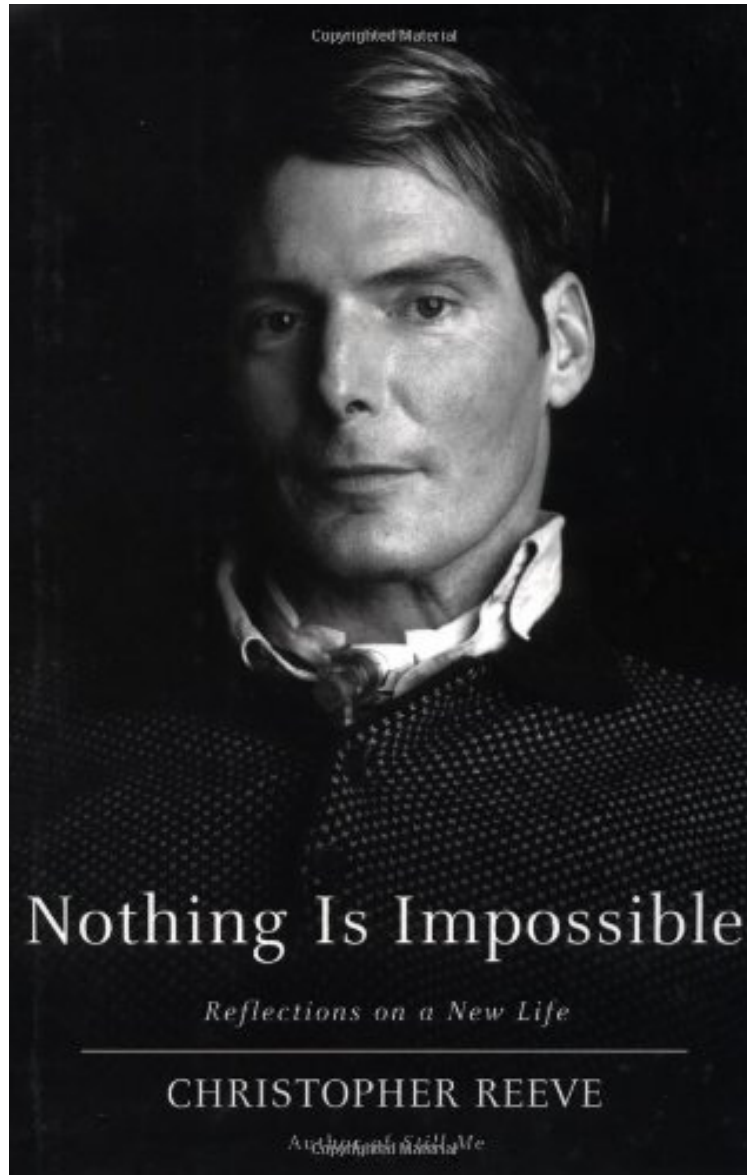


(Mobile pdf) Nothing Is Impossible: Reflections on a New Life

## Nothing Is Impossible: Reflections on a New Life

*Christopher Reeve*

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#874185 in Books Random House 2002-09-17 2002-09-17 Original language: English PDF # 1 8.19 x .78 x 5.49l, .70 #File Name: 0375507787192 pages Great product! | File size: 39.Mb

**Christopher Reeve : Nothing Is Impossible: Reflections on a New Life** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Nothing Is Impossible: Reflections on a New Life:

0 of 0 people found the following review helpful. Christopher Reeve Played Superman By Red Wolf Christopher Reeve played Superman in the movies. Then years later, a horseback accident left him paralysed, breathing with a respirator. Christopher Reeve played a superhero once again, this time in real life. With superhuman courage, he fought to live

life fully, to recover as much use of his body as possible, to gain support for medical research that could help all people with neurological injuries and illnesses, and to continue to be a father to his three children. Although the medical research proceeded much more slowly than Christopher Reeve hoped, he played a key role in making sure that there was major research on spinal cord injuries, diagnosis, treatment immediately following the initial injury, long term rehabilitation, and even possible regeneration of damaged portions of the spinal cord itself. Political motives and religious beliefs interfered with funding of stem cell research, as did the early beliefs that not much recovery was possible with neurological injuries. But Christopher Reeve was fortunate to have several factors in his favor as he struggled to recover. He was therefore able to recover far more abilities than had previously been thought possible, document this recovery, and bring it to the attention of scientists, politicians, and the general public. It took a brave and determined man to fight against skeptics and pain and insurance companies for years to achieve this. That makes Christopher Reeve a real life superhero in my eyes.

0 of 0 people found the following review helpful. Excellent read  
By Kindle Customer  
This book offers some look into the reality of a quadriplegic's struggles to grasp normalcy in his new world. This favorite Superman of so many of us obviously worked friendly to help others with injuries that part him in a wheelchair in the first place. The sad part is that he never (at least in this book) found the saving grace of Jesus Christ which would have given him peace. He did amazing work for stem cell research, however and it's an excellent book.. Highly recommend!

0 of 0 people found the following review helpful. Loved it  
By M.Roth  
This was so inspirational. I loved reading this having followed his challenges as they appeared in the news. Makes me feel that my challenges, though appear big to me, are nothing compared to what he survived and thrived. Christopher Reeve RIP

So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable. If we can conquer outer space, we can conquer inner space, too. Christopher Reeve has mastered the art of turning the impossible into the inevitable. In *Nothing Is Impossible*, the author of the bestselling autobiography *Still Me* shows that we are all capable of overcoming seemingly insurmountable hardships. He interweaves anecdotes from his own life with excerpts from speeches and interviews he's given and with evocative photos taken by his son Matthew. Reeve teaches us that for able-bodied people, paralysis is a choice—a choice to live with self-doubt and a fear of taking risks and that it is not an acceptable one. Reeve knows from experience that the work of conquering inner space is hard and that it requires some suffering; after all, nothing worth having is easy to get. He asks challenging questions about why it seems so difficult if not impossible for us to work together as a society. He steers the reader gently, offering his reflections and guidance but not the pat answers that often characterize inspirational works. Published on the eve of both his fiftieth birthday and the seventh anniversary of his spinal cord injury, Christopher Reeve's *Nothing Is Impossible* reminds us that life is not to be taken for granted but to be lived fully with zeal, curiosity, and gratitude. That is a powerful message in itself, but it is the messenger who gives it its full resonance.

.com A sequel of sorts to Reeve's bestselling memoir, *Still Me*, *Nothing is Impossible* is a concise, meditative companion to the earlier book. Each of its nine chapters is devoted to some aspect of successful living (humor, faith, hope) or addresses a major life issue (parenting, religion, recovery). Although Reeve draws on his experiences prior to his spinal chord injury in 1995, it's clear that his views on life have evolved dramatically in the seven years since. Clearly of most obvious value to those facing the challenges of physical paralysis, this book also serves as inspirational primer for otherwise able-bodied individuals who may be thwarted by mental rather than physical wounds. In addition to his personal message, Reeve is also a blunt proponent of medical insurance reform and government research funding, devoting a chapter to it here, as well as a significant portion of his nonprofit Web site, [christopherreeve.org](http://christopherreeve.org).

--David Bombeck  
From Publishers Weekly  
Reeve (*Still Me*) offers a uniquely powerful audio message of hope on topics ranging from the controversial stem cell debate to the mind-body connection he credits with his recent physical improvements. Maintaining a composed tone and reassuring perspective, Reeve goes beyond mere narration to bare his darkest times in the ICU, his wish to commit suicide and his longing for normalcy, persuasively urging listeners, whether disabled or not, to expand outside their "comfort zones." After teaching his youngest son to ride a bicycle with only the power of his words, Reeve came to the realization that "being" is more important than doing, and that, as he tells new spinal cord injury victims, "life is worth living." Snippets from speeches, personal anecdotes and remarks from talk shows pepper the unabridged tape set, allowing Reeve easy transitions from such diverse issues as the inadequacies of health insurance to his ongoing search for spirituality and religion. But Reeve's truly inspirational path to survival is best reflected in his delightful sense of humor. When once asked how he holds it all together, he dryly replied: "duct tape." Simultaneous release with the Random House hardcover. Copyright 2002 Reed Business Information, Inc.

From Library Journal  
A man who has overcome actual paralysis tells us how to overcome its spiritual counterpart. Copyright 2002 Reed Business Information, Inc.