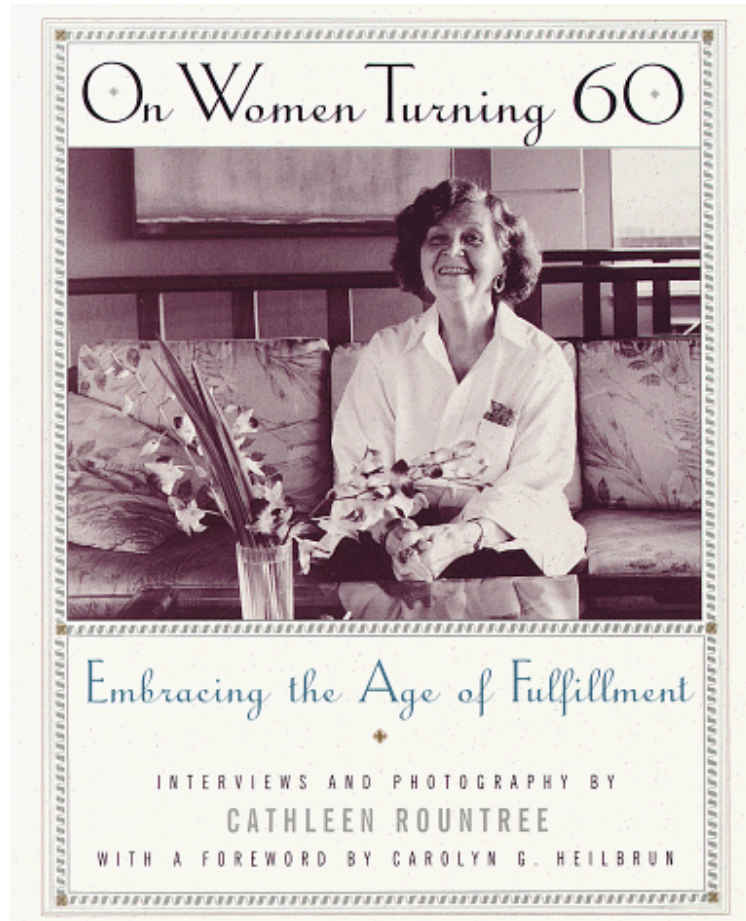


(Free) On Women Turning 60: Embracing the Age of Fulfillment

## On Women Turning 60: Embracing the Age of Fulfillment

*Cathleen Rountree*

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**Cathleen Rountree : On Women Turning 60: Embracing the Age of Fulfillment** before purchasing it in order to gauge whether or not it would be worth my time, and all praised On Women Turning 60: Embracing the Age of Fulfillment:

In the third book of her popular "Decade Series," Cathleen Rountree interviews twenty inspiring, vibrant, and energetic women who discuss their thoughts and feelings about having passed their 60th birthday. The women featured in these pages show us how they are working against stereotypes and reaching beyond common assumptions about physical, mental, and social limitations on their lives due to their age. For this group portrait of feminine potential and achievement, Ms. Rountree has gathered a diverse roster of women, including Ann Richards; Jane Goodall; Mary Travers of Peter, Paul and Mary; and Oh Shinnah Fast Wolf, a Native American and codirector of the Center for Grandfather Coyote. They are painters, politicians, writers, activists, performers, psychologists, and nuns.

Their faces are those of our mothers, our sisters, our grandmothers, our friends, and ourselves. Whether these women are confronting new challenges for the first time in their lives, or reaping the rewards of an enriching life, each one's story is a unique but universal testament to the strength of the human spirit. *On Women Turning 60* is essential reading for older women and their younger sisters seeking strong female role models. This engaging book shows all of us--no matter what age--how to face each day with optimism and teaches us that growing older is a journey of empowerment and self-discovery. INCLUDED AMONG THE TWENTY EXTRAORDINARY WOMEN INTERVIEWED IN THIS BOOK ARE: Oh Shinnah Fast Wol Jane Goodall Riane Eisler Elayne Jones Ursula K. Le Guin Marion Woodman Matilda Cuomo Nellie Wong Fay Weldon Maureen Stapleton From the Trade Paperback edition.