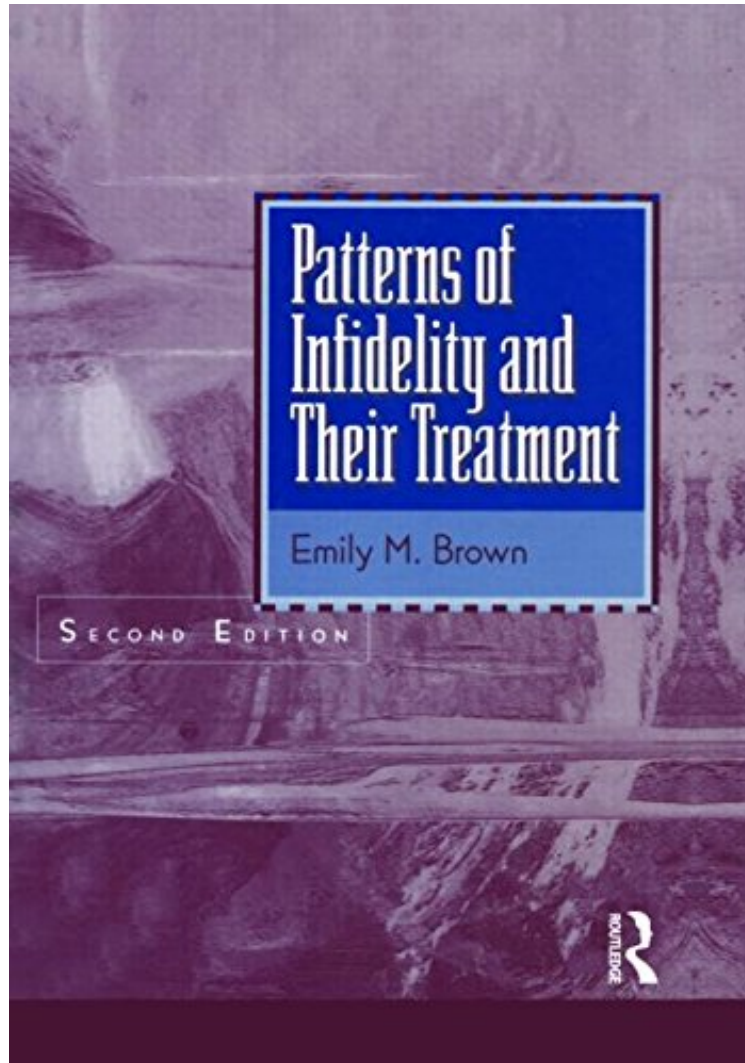


(Download ebook) Patterns Of Infidelity And Their Treatment

## Patterns Of Infidelity And Their Treatment

*Emily M. Brown*

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#1087907 in Books Routledge 2001-06-08 Original language: English PDF # 1 8.25 x 6.25 x .75l, 1.36 #File Name: 1583913696370 pages | File size: 34.Mb

**Emily M. Brown : Patterns Of Infidelity And Their Treatment** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Patterns Of Infidelity And Their Treatment:

3 of 4 people found the following review helpful. Interesting approach By FelliniBrown's concept of split self (which can mistakenly be taken by BS's to mean, an "excuse that removes the WS from taking responsibility" ought to be seen in the light in which it is elaborated here, addressing a treatable condition from the perspective of therapy. It is probably her unique contribution to the literature on Infidelity. Consistent with the idea that therapy is not about (only) acknowledging the grief after discovery of the affair as it is experienced from only the perspective of the BS, but rather a process of trying to unravel what went wrong in the marriage, and what led the WS to change/abandon their

commitment, and what is the best next step for both, Brown does not take sides, nor does she want to dismiss the enormous pain and suffering all members involved are going to feel. Her audience is NOT the grieving BS, it is, rather, therapists. It might be helpful for readers to take the concept of split self as an analogy, as a model for understanding HOW an unfaithful partner is ABLE to maintain on the one hand, the SEMBLANCE of a GOOD marriage, but on the other hand elaborately and cleverly organize another life outside the marriage that is rich in emotional and physical gratification with another partner. Her approach also speaks essentially to ESTABLISHED marriages. She offers very little in the area of infidelity, for example, during dating, close to the nuptials, postpartum, etc., which her theory simply does not fit. Unlike other others (Glass, Kirschbaum) who try to create an elaborate catch-all types taxonomy of infidelity, Brown is best read for the specific type of infidelity: Split-self affairs in men and in women over 40. I'm a little disappointed that she spends too much time using the male infidelity example, because as she clearly shows, infidelity of this type in women over 40 is significantly different from men (for example women choose single available men more or less their own age, while men choose much younger women whether or not they are potential future spouses) and that she also confers with the majority of the statistics on infidelity that show the numbers for women are rising and the same is not true for men. So I would like her to have dedicated, for example, a chapter perhaps where she talks about "Split self wives" and "split self" husbands, and in good detail. Brown identifies 5 types of affairs, and I have focused my discussion on what I believe to be her unique and best work. The other types are typically and equally handled by Glass and others and do not illicit the kind of panic and criticism that her split self theory does, and for that reason, have chosen to focus my review on those chapters of her text.

0 of 0 people found the following review helpful. This book is one of the best I've found in comprehensively understanding and explaining the types ...

By Robin Larson Molzen This book is one of the best I've found in comprehensively understanding and explaining the types of affairs and how to treat them. Thank you!

1 of 2 people found the following review helpful. Great

By D.L. VanDerBeek As a therapist I highly recommend Emily's analysis of the different types of affairs. It has taken my sessions to another level beyond much more experienced therapists. The models are great. They resonate. Great work.

The new edition of this highly-regarded book includes comprehensive discussion of the nature of an affair and the five types of affairs and their underlying dynamics. The author addresses issues regarding revealing the affair, management of the consequences, rebuilding, and treating an unmarried third party, as well as the host of complex issues regarding children and custody arrangements. New material for the second edition includes cybersex and the effects of new technology on fidelity in marriage; the effects of managed care on treatment; marriage to the third party; and a new chapter on affairs and violence.

"Written both for therapists and general readers, this book considers the causes and consequences of affairs, and considers the use of treatment for those involved.."-SciTech Book News, March 2002

About the Author Emily M. Brown, MSW, LCSW, is Director of the Key Bridge Therapy and Mediation Center in Arlington, Virginia.