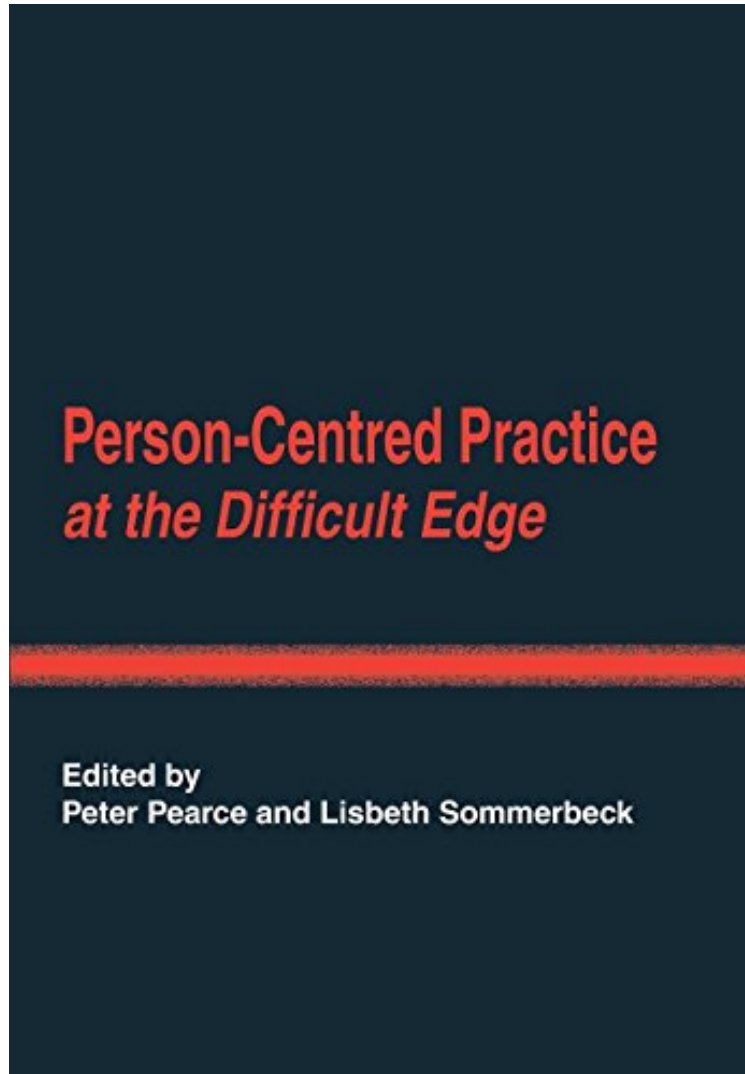


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Person-Centred Practice at the Difficult Edge

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From imusti : Person-Centred Practice at the Difficult Edge before purchasing it in order to gage whether or not it would be worth my time, and all praised Person-Centred Practice at the Difficult Edge:

For students, academics and professional audiences, this book presents accounts of the practice of the person-centred approach with people suffering from a range of severe and enduring conditions. Comprehensively refuting the notion that person-centred therapy is suitable only for the 'worried well', it backs up contemporary practice with appropriate theory. Contributions from international leaders in theory and practice.

Intelligent, skilled, inspiring therapists offer chapters that teach us not only how to be therapists working with those at the 'difficult edge' but how to be better therapists with all our clients. This book gives us deep understanding of often misunderstood clients and the therapist's inner dialogue in connecting with them. Charles O'Leary, author of *The Practice of Person-Centred Couple and Family Therapy*; This book identifies the challenges of contact with certain client groups and particular 'difficult edges'. Throughout, the contributors hold the notion of empathy as a guiding light; both explicitly and implicitly documenting the profound impact of understanding and acceptance on others and self. Sheila Haugh, Associate Lecturer, Prague College of Psychosocial Studies, Czech Republic; Lecturer, Metanoia Institute, London, UK;... I feel this book has much to offer both the experienced person-centred practitioner, the student exploring a wider application of person-centred therapy, as well as practitioners from other modalities wishing to find out more... I strongly recommend you read it for yourself in its entirety! ed in *BAPCA's Person-Centred Quarterly*, November 2014 by Claire Thomas; This is for me a joyful book, in that it recognises and celebrates the effectiveness of person-centred practice in areas that may traditionally have been the preserve of psychiatry, or focused on stabilisation and support rather than the facilitation of growth. Mike Gallant, Senior Teaching Fellow (Counselling Psychotherapy), Warwick University. ed in *Therapy Today*, December 2014

About the Author Peter is Head of the Person-Centred Department at Metanoia Institute where, amongst other trainings, he runs an MSc in Contemporary Person-Centred Psychotherapy, BA in Counselling, and the Practitioner Certificate in Person-Centred Practice at the Difficult Edge. He has provided person-centred counselling for nearly twenty five years, predominantly in 'difficult edge' situations within UK National Health Service, multi-disciplinary community teams for adults with mental health issues and adults with learning disabilities, and with young people in inner London school settings. Lisbeth Sommerbeck is a clinical psychologist, accredited as a specialist in psychotherapy and supervision by the Danish Psychological Association. Since 1974 she has been employed in Dianalund Psychiatric Hospital in Denmark, where the bulk of her work has been, and still is, psychotherapy, supervision, consultation and teaching. She therefore has solid personal experience with the ups and downs of being dedicated to the person-centred approach in psychiatric contexts and practising client-centred therapy with psychiatric clients. She is the initiator of the recently created Danish Carl Rogers Forum.