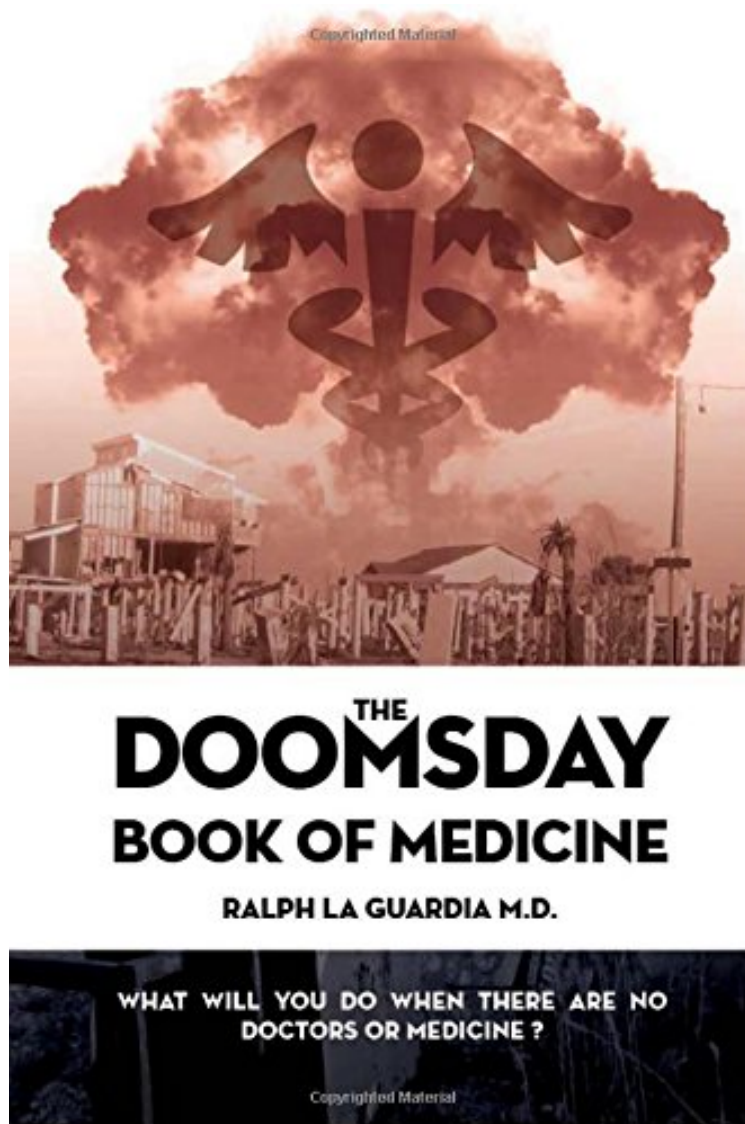


(Ebook pdf) The Doomsday Book of Medicine

The Doomsday Book of Medicine

Ralph La Guardia M.D.

*ebooks | Download PDF | *ePub | DOC | audiobook*



DOWNLOAD



+

READ ONLINE

#53779 in Books La Guardia M D Ralph 2015-08-25Original language:EnglishPDF # 1 9.02 x 1.80 x 5.98l, 2.63 #File Name: 0996461590910 pagesThe Doomsday Book of Medicine | File size: 37.Mb

Ralph La Guardia M.D. : The Doomsday Book of Medicine before purchasing it in order to gage whether or not it would be worth my time, and all praised The Doomsday Book of Medicine:

19 of 19 people found the following review helpful. Not just for preppersBy MARK L LONGOBARDI DMDI just finished reading this amazing book! It is one of the most comprehensive guides that I have read (and I have read many). It truly is an encyclopedia of self medical care and is over 900 pages LONG!!! He teaches the reader how to make soap, wound-care products, insecticide, sun block, toothpaste and so much more. It includes how to set up an

emergency medical chest, with descriptions of everything you need to treat any medical problem that could arise. It also has a great reading list to further explore any of the subjects he writes about. Best of all, it's easy to read and understand!!! 11 of 11 people found the following review helpful. Not Just For Prepper's Only, Survival Guide By Sharon Campbell The Doomsday Book of Medicine, has something for everyone! It is a go-to-now book for those emergent times when you are not near a hospital or do not have medical personnel handy. Dr. Ralph clearly teaches step by step what to do when bit by animals, insects, snakes...ect. He identifies and explains what to do in those urgent care times such as fevers, head traumas, UTI's, burns, dehydration, diarrhea, wound care, broken bones, diabetes. There are even informative teaching chapters on probiotics, amino acids, fish oils, vitamins, healthy fats from oils/seeds, and essential oils; preparing your body for a healthier you! After reading these 900 pages of important information, you will want all your loved ones and friends to have a copy of this book also. As a Home Care Nurse and a mother, I truly appreciate the labor of love that Dr. Ralph has put into this survival guide.. 11 of 11 people found the following review helpful. it is an awesome reference! For EVERYONE By Debra Joy This book is an encyclopedic length reference manual of over 900 pages, including everything you need to know to treat any medical problem from routine fevers to snakebites, there is even a chapter on Ebola. The section on how to build your own medical chest is especially helpful so you will be able to treat problems when there are no doctors or medicine available. There is a large section on nutrition and how to grow healthy plants from the soil up. It also teaches you how to make everything you will need in a survival situation..... Soap, toothpaste, sunblock.... For the Preppers, it is an awesome reference! For EVERYONE... it is an awesome guide to everyday needs too. VERY INTERESTING read... Prepper or not!

What are you and your family going to do after a collapse of society when there are no doctors and medications available, and the pharmacies and hospitals have been looted? You can prepare for every disaster scenario, but if you are not able to treat medical emergencies and injuries that arise, how long will you last? This book will teach you everything you need to know to keep you and your loved ones healthy. Dr. La Guardia has spent over thirty years researching ways to treat any and all medical conditions with non prescription, over the counter and everyday products, many of which will amaze you. This book is jam packed with useful information in an easy to read format, chock full of illustrations and overflowing with information that could very well save your life.