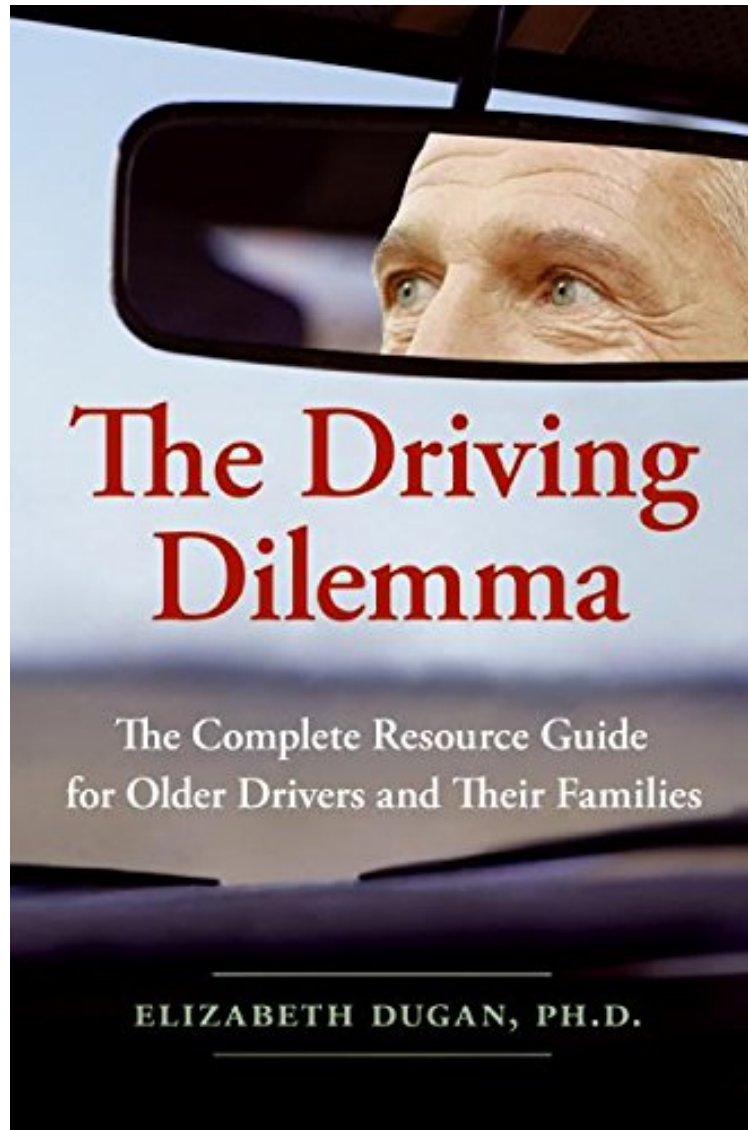


(Free pdf) The Driving Dilemma: The Complete Resource Guide for Older Drivers and Their Families

# The Driving Dilemma: The Complete Resource Guide for Older Drivers and Their Families

*Elizabeth, PhD Dugan*

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**Elizabeth, PhD Dugan : The Driving Dilemma: The Complete Resource Guide for Older Drivers and Their Families** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Driving Dilemma: The Complete Resource Guide for Older Drivers and Their Families:

2 of 2 people found the following review helpful. good resource for addressing retirement from driving By Sharon W.

WestA very thorough view of how to talk to your loved ones who may be approaching the time to retire from driving. Addresses many possible reasons for needing to stop driving, checklists for assessing their driving, considerations in making the decision. There are no easy answers. Has a good appendix with state by state driving licensing regulations and procedures for revocation of licenses, continued licensing, etc. Also in appendix are private, governmental agencies/organizations that have information and resources.0 of 0 people found the following review helpful. If your parents are getting too old to drive, you must read this bookBy B. CampbellGreat book for anyone whose elderly parent(s) are nearing - or already at - the age where their driving is no longer safe. Really focused on how your parent must be feeling, and respectful ways to have a discussion about driving.1 of 1 people found the following review helpful. Great resourceBy Diana CutshawThe book gave me some good advice on how to start the conversation with my father about continued driving. It includes many resources I hadn't thought of and has good work sheets. Definitely a good place to start!

It's no secret that our population is aging. In fact, it won't be long before one in four drivers will be over the age of 65. Research suggests we'll outlive our ability to drive by almost ten yearsbut knowing when to stop or limit driving isn't always clear. The Driving Dilemma is a comprehensive resource for older drivers and their families facing questions about driving safety. Dr. Dugan provides clear, useful information about the effects of age, medical conditions, and medications on driving. She offers practical advice on how to discuss this issue with loved ones. Such talks can be difficult, and the book provides not only the facts, but also a research-based approach to communication, with useful sample dialogue scripts that will help you discuss driving with your loved ones. Also included are state-by-state listings of available resources, making this book a total information source for families.

About the AuthorElizabeth Dugan, Ph.D., is a noted researcher on geriatric issues. She teaches at the University of Massachusetts Medical School and is a fellow of the Gerontological Society of America. She worked previously as a geriatric mental health counselor and lives in Newton, Massachusetts.