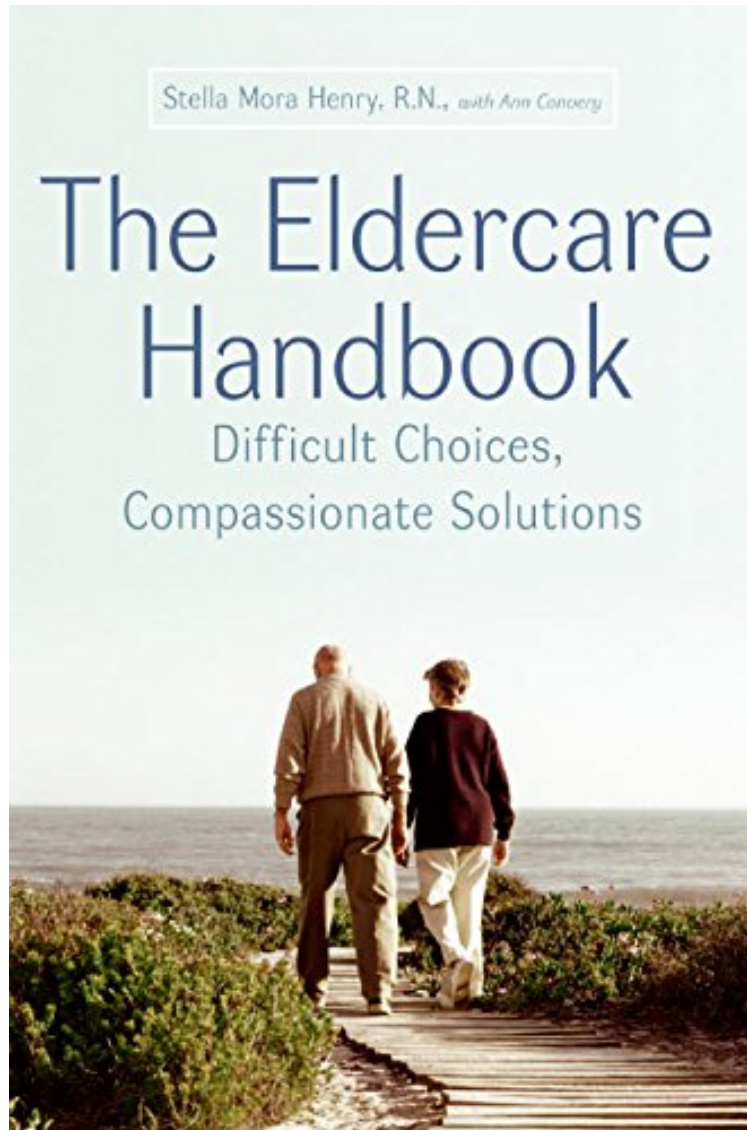


# The Eldercare Handbook: Difficult Choices, Compassionate Solutions

*Stella Mora Henry, Ann Convery*  
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#982919 in Books Stella Henry 2006-05-09 2006-05-09Original language:EnglishPDF # 1 8.00 x .61 x 5.311, .45 #File Name: 0060776919254 pagesEldercare Handbook Difficult Choices Compassionate Solutions | File size: 32.Mb

**Stella Mora Henry, Ann Convery : The Eldercare Handbook: Difficult Choices, Compassionate Solutions**  
before purchasing it in order to gage whether or not it would be worth my time, and all praised The Eldercare Handbook: Difficult Choices, Compassionate Solutions:

0 of 0 people found the following review helpful. Excellent resourceBy W Edward ViseThe life stories alone that

Stella shares are worth the price of the book. But she does much more with very practical advice about medical issues, legal issues and most importantly emotional issues. Stella has given us confidence as we walk through a very dark valley looking for the light on the other side. 0 of 0 people found the following review helpful. Good read. Difficult subject. Needed discussion. By bayoubelle308 I think it did a very good job of shining a light on the difficult choices which we all must make in later life when we are caring for family who can no longer live independently. I work with a lot of fragile elderly who are still living in their homes, often alone or with spouses who are also frail. One 20 minute appointment with one or both reveal that there is need for support, yet they are seldom accompanied to clinic appointments by adult children, who think they "are doing just fine" until something happens that proves otherwise. Changes in aging are insidious, and not always noticed. Dementia, Alzheimer's are thieves whose symptoms are successfully "hidden" by many who are suffering, often for quite some time. This book not only called attention to the need to remain close and to be responsive to the changes that are so hard to not only see but to see with a clear eye, but offers assistance and direction to those who find themselves there, in that place. Very good. I bought several copies, and hand them out to friends in need of guidance. 0 of 0 people found the following review helpful. It is a great tool in learning about the aging process. By Customer Very helpful as our parents are now in their 80's and beginning to experience more health-related issues and need more support; but also want to live as independently as possible. Three of us siblings have purchased it and are reading it simultaneously. It is a great tool in learning about the aging process, resources we did not know about, and preparing us how to speak to our parents.

In this comprehensive and accessible guide, long-term care expert Stella Henry helps readers navigate the daunting logistics and powerful emotions of making care decisions for an elderly parent or loved one. Drawing from her 36 years as a registered nurse and a nursing home administrator, as well as her experience caring for both her parents (both of whom suffered the ravages of Alzheimer's disease), Henry tackles all the tough issues: spotting the warning signs of dementia, redefining sibling roles, doing a walk-through at an assisted living facility or nursing home, making the move, and coping with "take me home!" demands. She also explains the medical, legal, and insurance maze. In a time when almost 10 million Americans currently need long-term care, *The Eldercare Handbook* is an essential read.

. . . analytical and caring, professional and compassionate. . . [this] is a book for our times. (Henry Cisneros, former Mayor of San Antonio and former Secretary of Housing and Urban Development) a must-read for adult children of aging parents (Rosalie Sederoff Gotz, Director, Culver City Senior Center) Moving and compassionate. . . I wish that this book had been available to me when I needed it. (Judy Wunsch, Director of Volunteers, Alzheimer's Association of Los Angeles, Riverside San Bernardino Counties) I will be recommending *The Eldercare Handbook* to the families I work with, and to nursing home staff. (D.A. Brechtelsbauer, M.D., C.M.D., Director of Geriatrics Training, Center for Family Medicine, Sioux Falls, South Dakota, and Board Member, American Medical Directors Association) realistic and concise (Richard Wolfe, M.S., Chair of Caregiver and Kinship Committee of the Los Angeles Department of Aging; Certified Health Care and Operations Risk Manager, CSL) This is the book you will want. (Monika White, Ph.D., M.S.W., C.M.C., Senior Research Associate, USC Andrus Gerontology Center in Los Angeles) This is the most complete and up-to-date book I have read on caregiving and placement issues. (David W. Trader, M.D., Geriatric Psychiatrist, Assistant Clinical Professor, Department of Psychiatry, UCLA) Comprehensive and sensitive. . . an excellent introduction to a delicate and difficult problem facing many Latino families. Highly recommended. (Criticas (starred review)) *The Eldercare Handbook* is a must-read for adult children of aging parents. (Rosalie Sederoff Gotz, Director, Culver City Senior Center) From the Back Cover *THE ELDERCARE HANDBOOK* combines a daughter's compassion with the expertise of a trusted professional, thanks to Stella Henry's unique experiences as both a daughter who cared for her father at home and her mother in long-term care, and a 36-year veteran administrator who has counseled thousands of families on care giving. In this accessible book, she helps readers navigate the daunting logistics and powerful emotions of making care decisions for a loved one. She tackles all the tough issues, from spotting the warning signs of dementia to redefining sibling roles; from the all-important walk-through at the assisted living facility or nursing home to making the move; from when and how to visit to coping with demands of Take me home! She also demystifies the medical/legal/insurance maze. About the Author Stella Mora Henry, R.N., is an eldercare specialist and the cofounder of Vista del Sol Care Center in Culver City, California. She has been featured in *Time*, the *New York Times*, *Wall Street Journal*, *Chicago Tribune*, and on NPR. Ann Convery has written for numerous magazines. This is her second book.