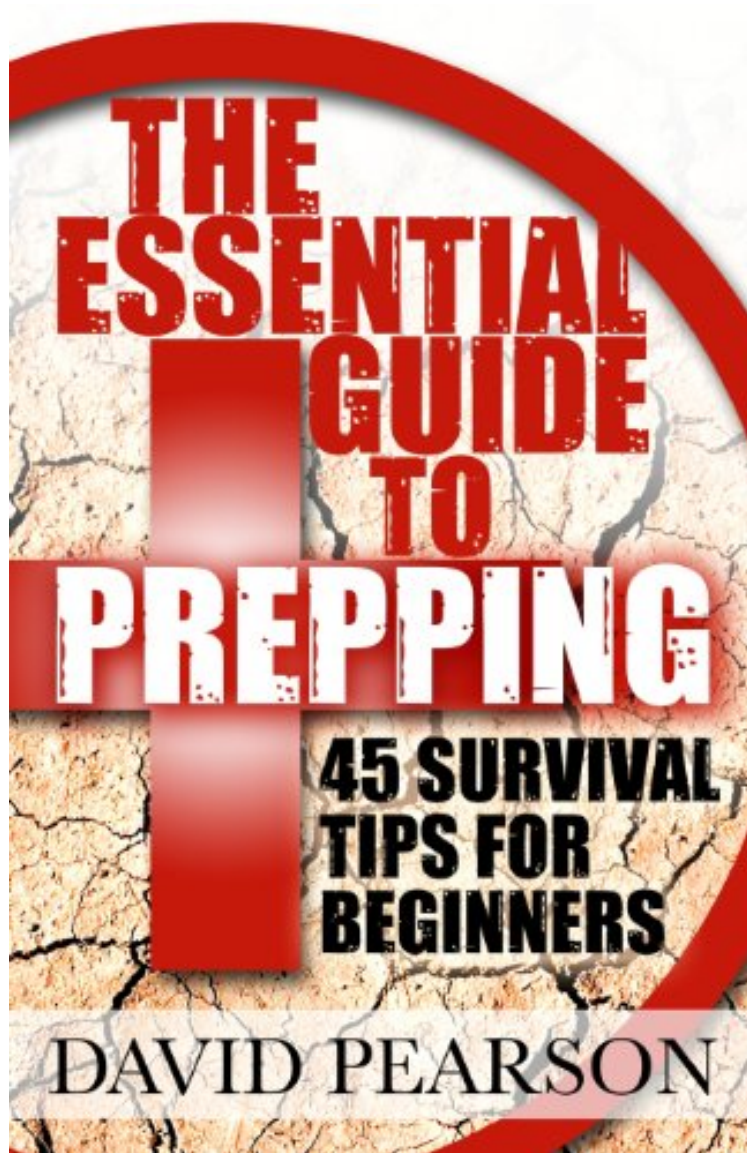


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# The Essential Guide To Prepping: 45 Survival Tips For Beginners

*David Pearson*

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**David Pearson : The Essential Guide To Prepping: 45 Survival Tips For Beginners** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Essential Guide To Prepping: 45 Survival Tips For Beginners:

5 of 6 people found the following review helpful. This is a good basic primer for survivalBy marriagecoach1Most people are clueless about survival techniques and are far too dependent on civilization to provide for their own needs.

Just look at hurricane Katrina where all the people just concentrated at the stadium. The best thing to do is to avoid people during an emergency because it tends to bring out the worst in people who will be prone to violence to take what you have. The only disagreement that I have with this book is suggesting a rifle for hunting and self defense. A shotgun is far better. You have a different array of ammunition to choose from depending on what you are going to shoot. You have light bird shot for small animals and birds. You have buckshot for bears, deer and human beings. Buckshot has tremendous stopping power. I suggest a magnum pump shotgun chambered to accept the largest shells of 3 1/2 inches. These have 50% more stopping power compared to the standard 2 3/4 inch shells against large animals like bear and deer and most importantly people. 3 of 4 people found the following review helpful. Helpful? Yes! Essential? No By J. Robideau I definitely found some information in this book that I haven't seen elsewhere, but I'm not so sure that makes it essential. As the title states, it is for beginners. I would consider this book to be a short overview of prepping basics. The table of contents was properly linked, but I would have appreciated some depth/hierarchy in the outline of the TOC for ease of referencing the material later. The book reads well straight through and the author has the subjects in good order, but if the author expects this to be used as a reference down the road, the outline needs a little work. I understand that a book like this can't include everything, but finding statements like, "Much more about this can easily be found online if you feel so inclined." is disappointing. If you feel the need to reference the fact that more information can be found, at least throw in a link or two. This is an ebook and this medium begs to be filled with rich links to more information that may not be included. If you are looking for more reading material on the subject of disaster preparedness, feel free to pick this up. Unfortunately, because there are other, better reference books and quick guides (yes, even in this price range) I can't recommend this book unless you are just looking to fill out your library. 0 of 0 people found the following review helpful. GOOD FOR STARTING PREPPER By D's This is a very good book for beginners.. as the author states on the cover. He explains water storage in good detail and other things are explained in a clear manner. Unfortunately, after 8 years of honing the survival prepper skills I did not learn anything new from this book. However, the author [like many] made the same mistakes I did and he does advise beginners of some of these. As the years go on and more and more people realize they need some type of food/water storage these types of books are hitting the mainstream. Some are good, some a waste of money. This book is worth buying for the beginner.

Unexpected Doesn't Have To Mean Unprepared. In today's fragile economic, political, environmental and social climate it's easy to see the necessity for becoming more self reliant. Disasters such as Hurricane Katrina, the Japan earthquake and nuclear disaster, and the Boston bombing have relayed to us again and again that no one is left untouched in tragedies such as these. Like the butterfly effect, disaster affects us all on a global scale, further bringing home the importance of having a plan, and making preparations to keep ourselves and our loved ones safe. It is simply a matter of defining what you feel is important for you to prepare for in the event of an emergency, whether it be something as simple and basic as taking measures to prepare for an unexpected power outage, your vehicle breaking down, job loss, or illness. It may also include environmental preparations for fire, flood, or earthquake. This book will help you to rethink your back up plans or create new ones should you not already have measures in place. This easy to read DIY guide covers 45 survival tips on: Repurposing what you already have \*Redefining your mindset (your biggest ally in a disaster scenario) Disaster Nutrition \*Survival myths and common mistakes Bugging out and personalizing a bug out bag \*Bugging-in in a variety of locations (home, office, apartment) Water -purification, sourcing and storage \*Climate considerations Creating an affordable and sustainable food storage pantry, including living and vital foods \*Portable food options Personal security \*Privacy Emergency preparation for the family with small children and babies \*Herbal first aid and foraging Gear and product recommendations and affordable alternatives \*Alternative options for first aid kits, and medicine storage Local assets - Locating nearby resources for water, aid, food and shelter And more.... Scroll up and grab your copy now! About The Author David has over 10 years experience in emergency and survival training from the oil and gas industry. He left his field after witnessing the startling devastation and impact that drilling is taking on our planet, its communities and natural resources. His greatest passion is being outdoors and learning new ways to tread lightly. He lives on a homestead in Oregon with his wife, two home-schooled children and his dog Ernie.