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The Everything Guide to Caring for Aging Parents: Reassuring advice to help you support your loved ones

Kathy Quan

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THE
EVERYTHING
GUIDE TO
**Caring for
Aging Parents**

Reassuring advice
to help you support
your loved ones

- Learn how to take charge without taking over
- Provide help with medications, treatments, and emergency situations
- Handle legal issues and avoid scams
- Help preserve independence for as long as possible
- Find and use community resources

Kathy Quan, RN, BSN, PHN

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Kathy Quan : The Everything Guide to Caring for Aging Parents: Reassuring advice to help you support your loved ones before purchasing it in order to gage whether or not it would be worth my time, and all praised The Everything Guide to Caring for Aging Parents: Reassuring advice to help you support your loved ones:

4 of 5 people found the following review helpful. The Everything Guide to Caring for Aging ParentsBy L. DavisMy sister and I bought this book when we were visiting our aging dad during an emergency trip home. Dad was in the emergency room because of a fall. The book offers good, timely and thorough advice in an easy to read format. I later ordered another copy when I got home so my husband and I could use it during his mothers unexpected swift decline. As we baby boomers age, so do our parents, quickly. There are tons of things we just don't know about. The section on death and dying scenarios, is something that we all needed to deal with, and the information is very straightforward. Anything we can do to help us to be better prepared, and can give quick answers is truly invaluable. The book is a great resource for long term and short term care information.0 of 1 people found the following review helpful. Baby

boomer looks for parent ideas!By retired teacherI need suggestions for dealingwith my mid 80's parents. I'm readingall suggestions in book and articlefor are appreciated.0 of 0 people found the following review helpful. The book gave some good advice.By SMARTMOMI didn't get to read all of the book before it went off of my kindle. But what I did read was some what helpful. I already knew most of it. But it was helpful to know I was doing some things right. There is no bible on how to take care of you aging parents.And it really hard know that you want to please them and have to tell them no sometimes.

There are a lot of issues to consider as our loved ones get older. From in-home care to assisted living facilities, there are myriad options available - and each person's needs are unique. Family members need a resource that will answer all of their questions and ease them through this often complicated transition.This helpful handbook guides concerned children as they: decide which level of care is best for their parent; maintain communication and discuss difficult topics; handle home safety issues; manage transportation; find and work with a primary-care physician; navigate insurance paperwork; handle legal issues and questions; and other sensitive issues.From setting up a support network to avoiding scams, this informative guide will help a family decide on - and implement - the best care options for their loved ones.

About the AuthorKathy Quan, R.N., B.S.N., P.H.N. (Thousand Oaks, CA), has been a nurse for thirty years and runs the Nursing Site (<http://thenursingsite.com>). She graduated from California State University - Los Angeles with her B.S.N. and Public Health Nurse Certificate. Ms. Quan cared for her father when he suffered from diabetes and experienced heart problems. Together they experienced firsthand the process of applying for disability insurance and getting Medicare through the end-stage renal disease/dialysis process. Ms. Quan is also the author of The Everything Guide to Careers in Health Care and The Everything New Nurse Book.