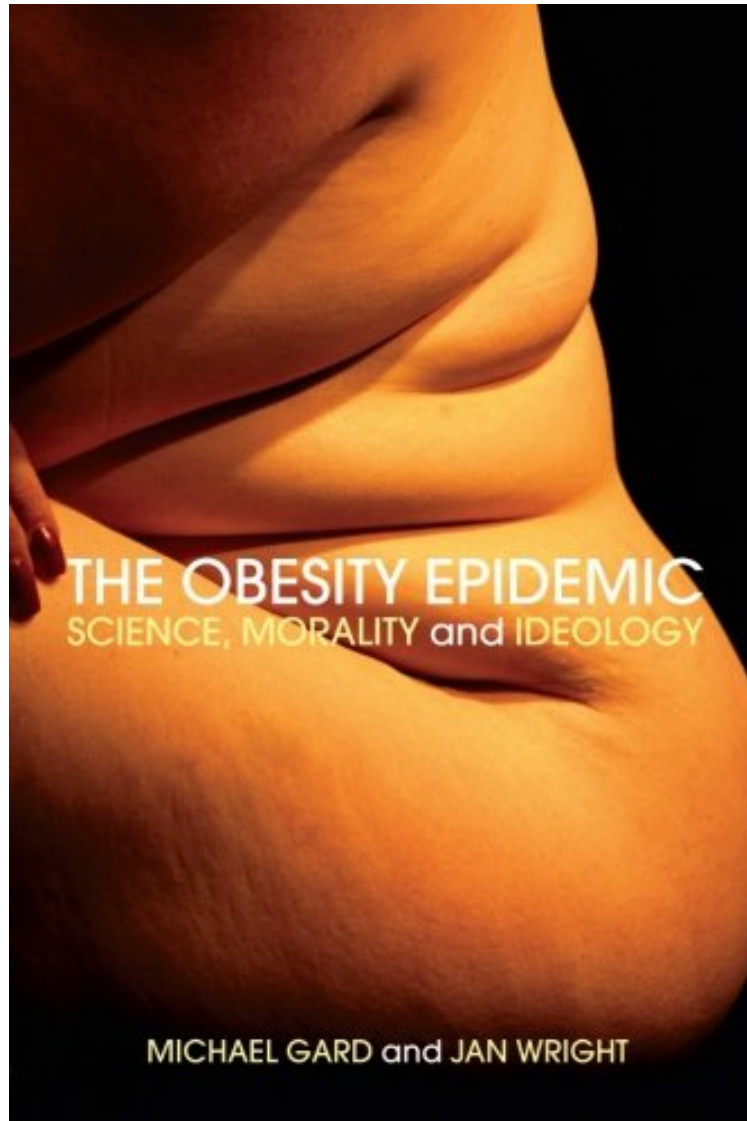


[Free and download] The Obesity Epidemic: Science, Morality and Ideology

The Obesity Epidemic: Science, Morality and Ideology

Michael Gard, Jan Wright

*DOC | *audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#662249 in Books 2005-06-15 2005-04-26 Original language: English PDF # 1 9.22 x .53 x 6.141, .88 #File Name: 0415318963232 pages | File size: 43.Mb

Michael Gard, Jan Wright : The Obesity Epidemic: Science, Morality and Ideology before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Obesity Epidemic: Science, Morality and Ideology:

0 of 1 people found the following review helpful. Great starting point for researching weight hysteria, little on physiology By Dr. T. Welsh The book is a fairly dense read wherein the authors endlessly cite research on weight and activity-levels. I think one of the best points they make is how we really cannot conclude, from the evidence they cite, that our bodies are machines where an algebra of energy-in/energy-out explains our weight. Indeed, the diversity of

individual reactions to exercise and food makes it difficult to say exactly what "program" should be advocated. They also draw interesting parallels between moralizing over weight and simply citing statistics that support this value judgment that fat is bad. However, it is true that one wishes for more explanation of how we understand, if not yet fully, human physiology, digestion, etc. which would, to laypeople like myself, seem critical to understanding how weight and health are interlinked. 0 of 0 people found the following review helpful. Prompt delivery
By TPerdue Everything was as described. Book was delivered promptly. 4 of 5 people found the following review helpful.
Reality Based Science Takes New View on Obesity
By JoAnne Dauphinee This book takes a look at a variety of obesity research with a fresh eye. It assumes nothing, and what is revealed with this unbiased eye will surprise and amaze most readers. As many know, diets don't work. This helps explain why. Fat people aren't fat due to gluttony. Exercise, while it may be good for people of all sizes, does not contribute much to body size except in extreme cases. Twin studies and meta-analyses are methodically reviewed. Much of what passes for facts or science in the public debate on obesity, is really more about morality and ideology. Well done!

Increasing obesity levels are currently big news but do we think carefully enough about what this trend actually means? Everybody including doctors, parents, teachers, sports clubs, businesses and governments has a role to play in the war on obesity. But is talk of an obesity crisis justified? Is it the product of measured scientific reasoning or age-old habits of mind? Why is it happening now? And are there potential risks associated with talking about obesity as an epidemic? The Obesity Epidemic proposes that obesity science and the popular media present a complex mix of ambiguous knowledge, familiar (yet unstated) moral agendas and ideological assumptions.

'The Obesity Epidemic is a superb contribution to the sociology of knowledge, and an essential text for anyone who wants to understand the current moral panic over fat.' - Paul Campos, University of Colorado, author of The Obesity Myth
'The strength in this book lies in its ability to provide its readers with a critical view of obesity science by challenging them to go beyond traditional thinking ... reminding them of the harmful and stigmatizing consequences of adopting a 'war on obesity' mentality ... This book is an essential read for anyone who is interested in health, obesity, health promotion, and public health.' - Krista Rondeau, Dieticians of Canada
About the Author
Michael Gard is Senior Lecturer in Physical Education at Charles Sturt University, Australia. Jan Wright is a Professor of Education and Associate Dean (Research) in the Faculty of Education at the University of Wollongong, Australia.